

Competition Timetable

No.	EVENT	Event Time
1	Mixed Medley Relay (200/400/600/800)	19:20
2	Men's 150m	19:32
2	Women's 150m	19:36
3	Men's Pole Vault (Final Round)	19:45
4	Women's 3-Minute Distance Challenge	20:00
4	Men's 3-Minute Distance Challenge	20:05
5	Mixed 2x300m Relay	20:15
6	Men's Long Jump (Final Round)	20:20
7	Women's 60m	20:33
7	Men's 60m	20:36
8	Women's 100m Hurdles	20:45
9	Para – Women's 100m	20:50
9	Para – Men's 100m	20:53
10	Men's Elimination Mile	21:02
11	Women's Javelin (Final Round)	21:06
10	Women's Elimination Mile	21:20
12	Mixed 4x100m Relay	21:34