



The 12th Asian Cross Country Championships Fukuoka—Japan

1. Main Organizer: Asian Athletics Association

2. Organizer: Japan Association of Athletics Federations

3. Co-organizers: Uminonakamichi Seaside Park, Fukuoka City, Tokyo Broadcasting System Television, Inc., RKB

Mainichi Broadcasting Corporation

4. Competition Organization: Fukuoka Athletics Association

5. Special Sponsor: ASICS Corporation

6. Dates: February 22, 2014 (Saturday)

7. Venue: Fukuoka, Japan

Uminonakamichi Seaside Park

Address: Saitozaki, Higashi-ku, Fukuoka 811-0321, Japan

8. Events: Senior Men 10km, Senior Women 6km, Junior Men 8km, Junior Women 6km

9. Participants: Competitors whose countries are members of the AAA and complying with the Constitution and

Rules of the AAA are entitled to participate.

For all four races, teams of not more than 5 athletes can be entered. Not less than four nor

more than five shall be allowed to start the race of whom three will score.

10. Competition Rules: The competition shall be held in accordance with the current IAAF Rules. Any unforeseen

incidents not covered by the Rules shall be resolved in accordance with the AAA Constitution

and the Rules of the IAAF.

11. Awards: The first to third place winners of each event shall receive a medal. Members of the first 3

teams in each event shall also receive medals. (For team results, 3 athletes shall score. The

team results shall be decided by the aggregate of places recorded by the scoring competitors

of each team.)

12. Doping Control: Doping control tests will be carried out in accordance with the IAAF Rules. Appointed athletes

must follow the instruction of the official and undergo doping tests.

13. Official Schedule: February 21 Course Inspection

Technical Meeting

February 22 Asian Cross Country Championships

11:20 Junior Women 6km

12:10 Junior Men 8km

12:50 Senior Women 6km

13:30 Senior Men 10km