



MEN

Event	Perf	Athlete	Nat	Venue	Date
100m	10.26	Li Tao	CHN	Jakarta	05/12/86
200m	20.63	Mohammad Hossein Abareg	IRI	Taipei City	14/06/14
400m	45.85	Salah El Din Bakar	QAT	Singapore	01/10/99
800m	1:46.72	Teng Haining	CHN	Colombo	12/06/12
1500m	3:39.85	Hamza Driouch	QAT	Colombo	10/06/12
5000m	14:14.65	Shebto Moustafa Ahmad	QAT	Ipoh	12/06/04
10000m	30:00.27	Lyu Ok Hyong	PRK	Jakarta	04/12/86
110mH	14.05	Shi Dongpeng	CHN	BSB Brunei	21/07/01
110mH (99.0cm)	13.33	Kanai Taio	JPN	Taipei City	14/06/14
400mH	50.43	Al Hamaidi Ibrahim	KSA	Ipoh	14/06/04
3000mSC	8:33.39	Obaid Mousa Anur	QAT	Ipoh	13/06/04
High Jump	2.31	Moataz Essa Barshim	QAT	Hanoi	03/07/10
Pole Vault	5.35	Zhang Wei	CHN	Colombo	09/06/12
Long Jump	8.05 (+1.2)	Weng Yongfeng	CHN	Jakarta	13/06/08
Triple Jump	16.73	Gu Junjie	CHN	Bangkok	31/10/02
Shot Put (6kg)	19.99	Shahrokhi Seyed Mahdi	IRI	Ipoh	12/06/04
Discus Throw	60.49	Ibrahim Moaz Mohamed	QAT	Ho Chi Minh	05/06/16
Hammer Throw	68.08	Nazarov Dilshod	TJK	BSB Brunei	22/07/01
Hammer Throw(6kg)	80.85	Ashraf Amgad El-Seify	QAT	Colombo	11/06/12
Javelin Throw	77.97	Sado Junya	JPN	Ho Chi Minh	06/06/16
Decathlon	7713	Yu Bin	CHN	Ipoh	12/13/06/04
(10.97, 7.44, 15.00, 1.90, 50.03, 15.33, 44.85, 4.40, 62.78, 5:06.24)					
10000mW	42:00.53	Kobayashi Fumihiko	JPN	Bangkok	31/10/02
4x100mR	39.30	Japan		Bangkok	28/10/02
4x400mR	3:07.38	Japan		Singapore	30/09/99
(Sato Mitsuhiro, Hotta Hisatoshi, Itabashi Shinji, Kawakita Naohiro)					

WOMEN

Event	Perf	Athlete	Nat	Venue	Date
100m	11.42	Damayanthi Darsha	SRI	Jakarta	18/09/94
200m	23.16	S. Jayasinghe	SRI	Jakarta	20/09/94
400m	52.66	Tang Xiaoyin	CHN	Ipoh	13/06/04
800m	2:02.66	Lang Yinglai	CHN	Bangkok	05/11/97
1500m	4:11.89	Qu Yunxia	CHN	Beijing	14/06/90
3000m	9:10.17	Lan Lixin	CHN	Bangkok	04/11/97
5000m	16:07.74	Haruka Kyuma	JPN	Colombo	09/06/12
100mH	13.45	Zhang Yu	CHN	Beijing	16/06/90
400mH	56.60	Wang Xing	CHN	Ipoh	14/06/04
3000mSC	10:21.04	Mukai Chika	JPN	Ho Chi Minh	05/06/16
High Jump	1.90	Svetlana Radzivil	UZB	Macau	16/07/06
Pole Vault	4.25	Xu Huiqin	CHN	Colombo	11/06/12
Long Jump	6.56	Wang Kuo Hui	TPE	Bangkok	05/11/97
Triple Jump	14.23	Li Jiahui	CHN	Bangkok	05/11/97
Shot Put	18.66	Qiu Qiaoping	CHN	Beijing	16/06/90
Discus Throw	62.54	Xu Shaoyang	CHN	Bangkok	30/10/02
Hammer Throw	66.10	Zhang Wenxiu	CHN	Bangkok	28/10/02
Javelin Throw	60.74	Sun Xiurong	CHN	Jakarta	06/12/86
Heptathlon	5557	Irina Naumenko	KAZ	Singapore	30/09-01/10/99
(14.31, 1.79, 11.93, 24.93, 5.91, 33.30, 2:25.84)					
10000mW	46:17.44	Yu Miao	CHN	Jakarta	14/06/08
4x100mR	44.75	China		Jakarta	20/09/94
(Gao Chunxia, Yen Jie, Feng Jie, Wang Jing)					
4x400mR	3:39.24	China		Bangkok	07/11/97
(Chen Yuxiang, Lang Yinglai, Cui Yuying, Li Yulian)					