

Every second, Sugoi.

TOKYO



WORLD ATHLETICS
CHAMPIONSHIPS
T O K Y O 2 5

25

13-21 SEPTEMBER 2025



OFFICIAL
PROGRAMME

WORLD ATHLETICS PARTNERS



WORLD ATHLETICS SUPPORTERS



WORLD ATHLETICS MEDIA PARTNER



CITY OF WORLD ATHLETICS CHAMPIONSHIPS 25



WORLD ATHLETICS SUPPLIERS



Every second, *Sugoi.*

Table of contents

1	Welcome messages	4
1.1	Message from the World Athletics President	4
1.2	Message from the Governor of Tokyo	6
1.3	Message from the President of WCH Tokyo 25	8
2	World Athletics Council Members	10
3	LOC Members	12
4	World Athletics Competition Delegates	14
5	World Athletics Member Federations	16
6	History of the World Athletics Championships	24
7	Tokyo, a city where tradition and modernity merge	28
8	Course of the road races	30
9	Stadium information	34
10	WCH Tokyo 25 – event fact sheet	36
11	Stadium access map	38
12	A legacy for the future	40
13	Competition prize money	48
14	Profiles of key athletes	50
14.1	Superheroes from all over the world	52
14.2	Superheroes of Japan	60
15	Competition timetable	68
16	World Athletics Championships Official Ambassadors	74
17	WCH Tokyo 25 Ambassador	76
18	MOWA exhibition	80
19	The medals of WCH Tokyo 25	84
20	Riku One, the mascot	88

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EVENT SUPPORTERS



EVENT SUPPLIERS



PUBLIC INSTITUTION



Welcome messages



It gives me great pleasure to welcome you to the 20th edition of the World Athletics Championships — the pinnacle event of our sport — taking place in the vibrant and historic city of Tokyo from 13 to 21 September.

The Japanese capital hosts these championships for the second time, having first welcomed the world in 1991. We are thrilled to return to this iconic global city, known for its rich sporting heritage and deep passion for athletics.

Who could forget the iconic moments of the 1991 World Championships? The legendary long jump showdown between Mike Powell and Carl Lewis, and the triumphant marathon victory by Japan's own Hiromi Taniguchi remain etched in the history of our sport. We are confident that the Japan National Stadium will once again provide the stage for extraordinary performances by the world's greatest athletes as they finally get to perform for the local audience.

Following the Tokyo 2020 Games, I made a promise to the governor and people of Tokyo that I would bring our sport back to the national stadium as soon as we could. I am delighted that we have kept that promise, and that over the course of the next nine days, more than 2000 athletes from nearly 200 nations will descend on Tokyo for an electrifying competition — a true celebration of unity, excellence, and the relentless pursuit of greatness on the sport's grandest stage.

I extend my deepest gratitude to the Local Organising Committee, the Japan Association of Athletics Federations, the Tokyo Metropolitan Government, and the Japan Sports Council for their tireless efforts and unwavering commitment to staging these championships with such professionalism and pride.

To our World Athletics Partners and Suppliers, thank you for your generous support and vital contribution to the success of this event.

Finally, I wish all athletes, coaches, officials, volunteers, and our passionate global fans a successful and inspiring championships.

Sebastian Coe
President, World Athletics

ALL ATHLETICS

ALL ACCESS

ALL YOURS



WORLD ATHLETICS

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Welcome to Tokyo, and the long-awaited start of the World Athletics Championships Tokyo 25.

This marks the second time that the World Athletics Championships - which stands at the pinnacle of athletics competitions - is being held here in Tokyo, the first having taken place 34 years ago in 1991. Top athletes from around the globe have gathered here to push their boundaries in fierce competition, and I am thrilled that we can witness this up close.

To all the athletes, I look forward to seeing you demonstrate the results of your dedication and hard

work, and to your passion and pursuit of excellence inspiring and moving us all.

Sports invigorate our lives and have the power to create a world where everyone can lead healthy and vibrant lifestyles. It is my sincere wish that exchanges going beyond national borders and generations, which are cultivated by the World Athletics Championships Tokyo 25, prompt mutual respect and the recognition of diversity, and serve as a step forward in building a future where individuals shine and share in the joy of living together.

May I express my heartfelt gratitude to World Athletics, the Local Organising Committee of World Athletics Championships Tokyo 25, the Japan Association of Athletics Federations, the sponsors, volunteers, and everyone who devoted their efforts to deliver this competition.

Events to enhance the festive atmosphere of the championships will be held not only at the Japan National Stadium, but also in areas around it. These include performances for experiencing the culture and history of Tokyo. I am confident that the many visitors from within and outside Japan will enjoy the distinct appeal of Tokyo, a city where tradition dating back to the Edo Period is juxtaposed with pioneering innovation.

I sincerely wish the World Athletics Championships Tokyo 25 to be the best ever, leaving spectators with unforgettable memories of the heated competitions that took place at the National Stadium packed to capacity. Let's together enjoy this special moment.

KOIKE, Yuriko
Governor of Tokyo

In Everything, Better

This is the moment the athletes have been waiting for, pushing their abilities to the limit, pursuing the passion within to improve and transform themselves. Likewise, we at TDK have continued to take on challenges to push the limits of technology and improve society.

This shared courage, also highlighted in our Corporate Principles, is a major reason TDK supports the World Athletics Championships.

We also want to ensure this passion to pursue better is passed on to everyone around the globe watching the athletes at the World Athletics Championships, encouraged to transform like them.

We at TDK support everyone inspired by the World Athletics Championships Tokyo 25 to transform themselves and the world for the better.





Dear Athletics Fans,

Welcome to Tokyo!

It is a true honour to welcome you here for the 20th edition of the World Athletics Championships.

Now the World Athletics Championships, which is one of the world's biggest single sporting events, has come back to Tokyo! This is Tokyo's second time since 1991, and Japan's third time, since Osaka 2007, hosting this prestigious event.

In preparing for these championships, we have pursued two core missions: to deliver hopes and dreams to as many people as possible, and to create a model for future international sporting events. With around 2,000 athletes from approximately 200 countries and regions set to compete, we have worked hard to ensure the best possible environment for them to perform at their highest level.

The Japan National Stadium, where all events will take place, stands on the site of the original stadium that hosted the 1991 Championships. Rebuilt for a new era, it carries forward the powerful legacy of past sporting greatness while symbolising the next chapter of global athletics in Japan. After the silence of the Tokyo 2020 Olympic and Paralympic Games, we are proud to welcome the world back to this iconic stage and to add to its enduring legacy.

Our motto for the World Athletics Championships Tokyo 25 is "Every Second, SUGOI". With this phrase, we express our desire to make "sugoi", a Japanese word that captures awe, excitement, and wonder, a term the whole world comes to know and love.

We believe this championship has the power to transcend language and culture, stir deep emotion, and connect people across the globe through the universal values of athletics.

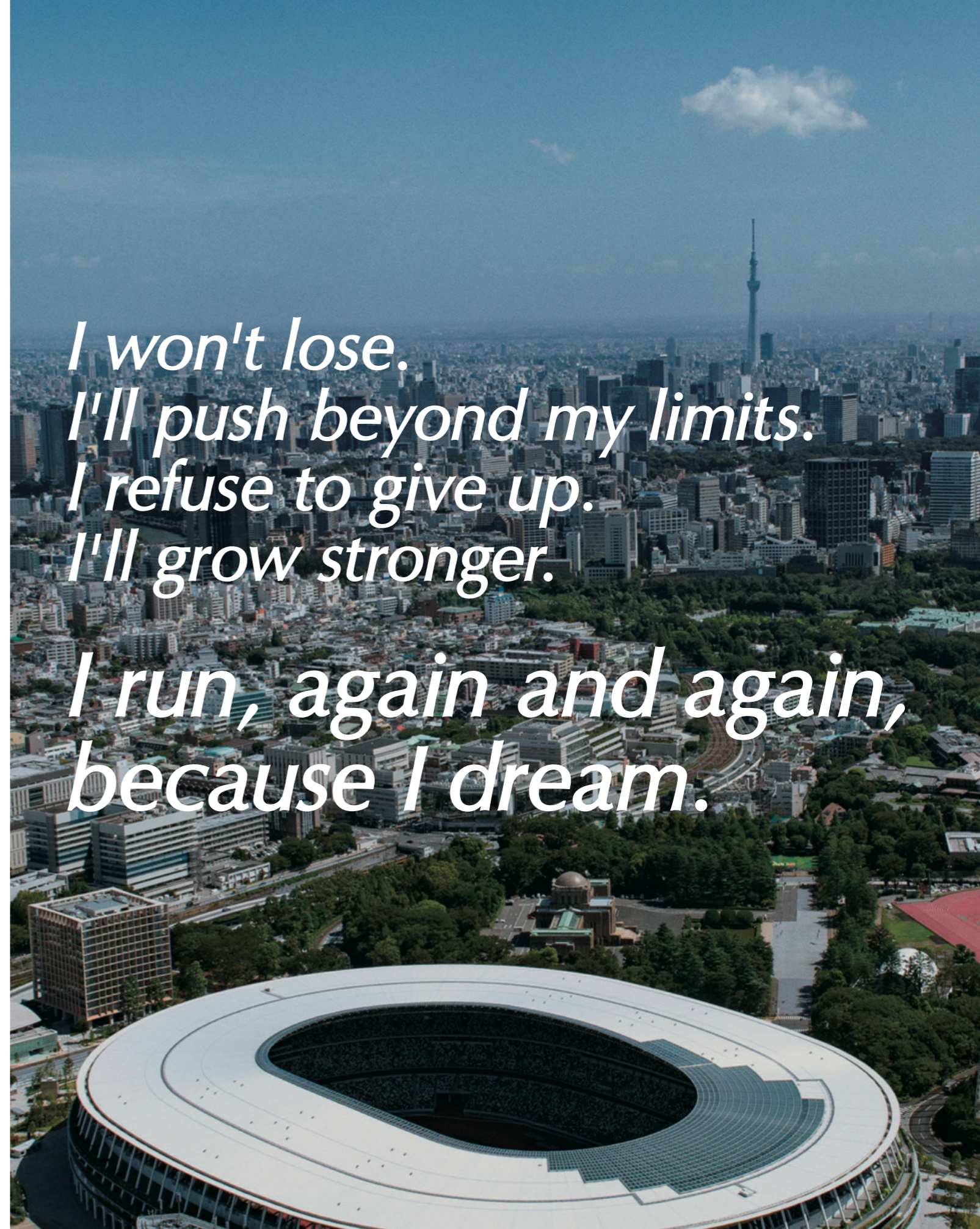
Guided by our motto, we are committed to making every moment of this event truly special—a championship where cheers of "sugoi!" fill the stadium.

Above all, we hope this will be a meaningful and memorable experience for every athlete, every supporter, and every member of the team who helps bring this event to life.

Together, let's make WCH Tokyo 25 truly SUGOI!

Mitsugi Ogata

President, World Athletics Championships Tokyo 25



World Athletics Council Members

2023–2027

President

Sebastian Coe

Senior Vice President

Ximena Restrepo

Vice President

Raul Chapado Serrano

Adille J. Sumariwalla

Jackson Tuwei

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Sylvia Barlag

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Robin Sapong Eugenio

Helio Marinho Gesta de Melo

Abby Hoffman

Matthew Hughes

Hamad Kalkaba Malboun

Dobromir Karamarinov

Cydonie Mothersill

Antti Pihlakoski

Annette Purvis

Donna Raynor

Anna Riccardi

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Nan Wang



Nadia Battocletti

アシックス

feel speed find confidence

Experience propulsive, race-day speed.
Move your body, move your mind.

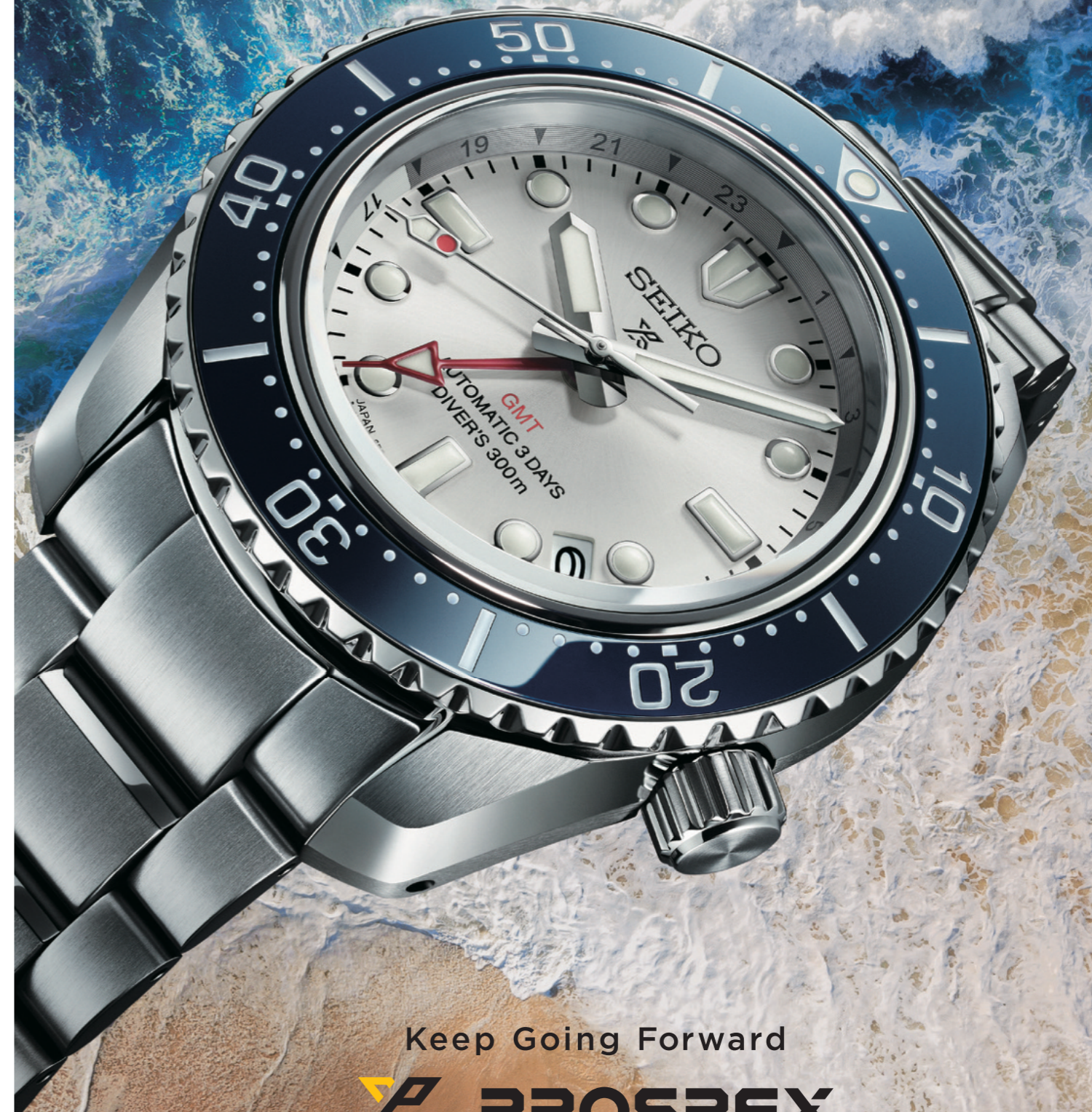
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Medical Director	Tomohiro MANABE
Senior Director of Audit Office	Hitoshi MIYAMOTO

SEIKO

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Keep Going Forward

PROSPEX

World Athletics Competition Delegates

Technical Delegates	Jane Edstrom, CAN
	Niels Van der Aar, NED
	Ximena Restrepo, COL
Jury of Appeal	Brian Roe, AUS
	Abdelbar Hasnaoui, MAR
	Abby Hoffman, CAN
Medical Delegate	Paolo Emilio Adami, ITA
Anti-Doping Delegate	Jasmina Glad-Schreven, FIN
Press Delegate	Martina Kucerova, SVK
Photography Commissioner	Eddy Lemaistre, FRA
Advertising Commissioner	Vijay Parbat, GBR
International Starters	Lisa Ferdinand, CAN
	Janet Nixon, USA IPFJ
	Antonio Costa, POR (Chief ITO)
International Technical Officials	Helen Roberts, AUS
	Ronan O'hart, IRL
	Marcia Cueto, CHI
	Diego Dadin, ARG
	Chris Cohen, GBR
	Antonio Perez, ESP
	Yang Feng, CHN
	Anna Palmerius, SWE
	Mike Armstrong, USA
	Alexander Razen, AUT
	Carlo De Angeli, ITA
	Andras Szabo, HUN
Announcers	Geoff Wightman, GBR
	Donald Smith, JAM
	Luis Saladie, ESP
International Race Walking Judges	Yang Zhongmin, CHN
	Jeff Salvage, USA
	Man Chun Yeung, HKG
	Zuzana Costin, SVK
	Zoe Eastwood, AUS
	Anne Froberg, FIN
	Steve Taylor GBR
	Frederic Bianchi, SUI
Assistant to Chief Race Walking Judge & Recorders	Gaye Bekler, TUR
Course Measurer	Tak Fung Wang, HKG
Sec to Jury of Appeal	Pierce O'Callaghan, IRL



Beyond the limits. Beyond the records.
Athletes put it all on the line to transcend themselves for a single moment.



WORLD ATHLETICS MOMENTS



World Athletics Member Federations

COUNTRY	CODE	NAME	AREA
Afghanistan	AFG	Afghanistan Athletic Federation	AAA
Albania	ALB	Albanian Athletics Federation	EA
Algeria	ALG	Fédération Algérienne d'Athlétisme	CAA
American Samoa	ASA	American Samoa Track & Field Association	OAA
Andorra	AND	Federacio Andorrana d'Atletisme	EA
Angola	ANG	Federacao Angolana de Atletismo	CAA
Anguilla	AIA	Anguilla Amateur Athletic Association	NACAC
Antigua & Barbuda	ANT	Athletic Association of Antigua & Barbuda	NACAC
Argentina	ARG	Confederacion Argentina de Atletismo	AS
Armenia	ARM	Armenian Athletic Federation	EA
Aruba	ARU	Arubaanse Atletiek Bond	NACAC
Australia	AUS	Australian Athletics	OAA
Austria	AUT	Osterreichischer Leichtathletik-Verband	EA
Azerbaijan	AZE	Azerbaijan Athletics Federation	EA
Bahamas, The *	BAH	Bahamas Association of Athletic Associations	NACAC
Bahrain	BRN	Bahrain Athletics Association	AAA
Bangladesh	BAN	Bangladesh Athletic Federation	AAA
Barbados	BAR	Athletics Association of Barbados	NACAC
Belarus	BLR	Belarus Athletic Federation	EA
Belgium	BEL	Ligue Royale Belge d'Athlétisme	EA
Belize	BIZ	Belize Athletics Association	NACAC
Benin	BEN	Fédération Béninoise d'Athlétisme	CAA
Bermuda	BER	Bermuda National Athletics Association	NACAC
Bhutan	BHU	Bhutan Amateur Athletic Federation	AAA
Bolivia	BOL	Federacion Atletica de Bolivia	AS
Bosnia & Herzegovina	BIH	Athletic Federation of Bosnia & Herzegovina	EA
Botswana	BOT	Botswana Athletics Association	CAA
Brazil	BRA	Confederação Brasileira de Atletismo	AS

World Athletics Member Federations

British Virgin Islands	IVB	British Virgin Islands Athletics Association	NACAC
Brunei	BRU	Brunei Darussalam Athletics Federation	AAA
Bulgaria	BUL	Bulgarian Athletic Federation	EA
Burkina Faso	BUR	Fédération Burkinabe d'Athlétisme	CAA
Burundi	BDI	Fédération d'Athlétisme du Burundi	CAA
Cabo Verde	CPV	Federação Caboverdiana de Atletismo	CAA
Cambodia	CAM	Khmer Amateur Athletics Federation	AAA
Cameroon	CMR	Fédération Camerounaise d'Athlétisme	CAA
Canada	CAN	Athletics Canada	NACAC
Cayman Islands	CAY	Cayman Islands Athletic Association	NACAC
Central African Republic	CAF	Fédération Centrafricaine d'Athlétisme	CAA
Chad	CHA	Federation Tchadienne d'Atletisme	CAA
Chile	CHI	Federacion Atletica de Chile	AS
China (People's Republic of)	CHN	Chinese Athletic Association	AAA
Colombia	COL	Federacion Colombiana de Atletismo	AS
Comoros	COM	Fédération Comorienne d'Athlétisme	CAA
Congo	CGO	Fédération Congolaise d'Athlétisme	CAA
Congo (Democratic Republic of the)	COD	Fédération d'Athlétisme du Congo	CAA
Cook Islands	COK	Athletics Cook Islands Inc.	OAA
Costa Rica	CRC	Federacion Costarricense de Atletismo	NACAC
Côte d'Ivoire	CIV	Fédération Ivoirienne d'Athlétisme	CAA
Croatia	CRO	Croatian Athletics Federation	EA
Cuba	CUB	Federacion Cubana de Atletismo	NACAC
Cyprus	CYP	The Amateur Athletic Association of Cyprus	EA
Czechia	CZE	Czech Athletic Federation	EA
Denmark	DEN	Dansk Atletik	EA
Djibouti	DJI	Fédération Djiboutienne d'Athlétisme	CAA
Dominica	DMA	Dominica Amateur Athletics Association	NACAC
Dominican Republic	DOM	Federacion Dominicana de Asociaciones de Atletismo	NACAC

World Athletics Member Federations

Ecuador	ECU	Federacion Ecuatoriana de Atletismo	AS
Egypt	EGY	Egyptian Athletic Federation	CAA
El Salvador	ESA	Federacion Salvadoreña de Atletismo	NACAC
Equatorial Guinea	GEQ	Federacion Ecuatoguineana de Atletismo	CAA
Eritrea	ERI	Eritrean National Athletics Federation	CAA
Estonia	EST	Estonian Athletic Association	EA
Eswatini	SWZ	Athletics Eswatini	CAA
Ethiopia	ETH	Ethiopian Athletic Federation	CAA
Fiji	FIJ	Athletics Fiji	OAA
Finland	FIN	Suomen Urheiluliitto RY	EA
France	FRA	Fédération Française d'Athlétisme	EA
French Polynesia	PYF	Fédération d'Athlétisme de Polynésie Française	OAA
Gabon	GAB	Fédération Gabonaise d'Athlétisme	CAA
Gambia, The *	GAM	The Gambia Athletics Association	CAA
Georgia	GEO	Athletic Federation of Georgia	EA
Germany	GER	Deutscher Leichtathletik Verband	EA
Ghana	GHA	Ghana Athletics Association	CAA
Gibraltar	GIB	Gibraltar Amateur Athletic Association	EA
Great Britain & Northern Ireland	GBR	UK Athletics	EA
Greece	GRE	Association Hellénique d'Athlétisme Amateur	EA
Grenada	GRN	Grenada Athletic Association	NACAC
Guam	GUM	Guam Track and Field Association	OAA
Guatemala	GUA	Federacion Nacional de Atletismo de Guatemala	NACAC
Guinea	GUI	Fédération Guinéenne d'Athlétisme	CAA
Guinea-Bissau	GBS	Federacao de Atletismo da Guinea-Bissau	CAA
Guyana	GUY	Athletics Association of Guyana	AS
Haiti	HAI	Fédération Haitienne d'Athlétisme Amateur	NACAC
Honduras	HON	FENHATLE	NACAC
Hong Kong, China	HKG	Hong Kong, China Association of Athletics Affiliates Limited	AAA

World Athletics Member Federations

Hungary	HUN	Hungarian Athletics Association	EA
Iceland	ISL	Icelandic Athletic Federation	EA
India	IND	Athletics Federation of India	AAA
Indonesia	INA	Indonesian Athletics Federation	AAA
Iran	IRI	Athletic Federation of Islamic Republic of Iran	AAA
Iraq	IRQ	Iraqi Athletics Federation	AAA
Ireland	IRL	Athletic Association of Ireland	EA
Israel	ISR	Israeli Athletic Association	EA
Italy	ITA	Federazione Italiana di Atletica Leggera	EA
Jamaica	JAM	Jamaica Athletics Administrative Association	NACAC
Japan	JPN	Japan Association of Athletics Federations	AAA
Jordan	JOR	Jordan Athletics Federation	AAA
Kazakhstan	KAZ	Athletic Federation of the Republic of Kazakhstan	AAA
Kenya	KEN	Athletics Kenya	CAA
Kiribati (Republic of)	KIR	Kiribati Athletics Association	OAA
Korea	KOR	Korea Association of Athletics Federations	AAA
Korea (Democratic People's Republic of)	PRK	Amateur Athletic Association of DPR of Korea	AAA
Kosovo	KOS	Kosovo Athletic Federation	EA
Kuwait	KUW	Kuwait Athletics Federation	AAA
Kyrgyzstan	KGZ	Athletics Federation of Kyrgyz Republic	AAA
Laos	LAO	Laos Amateur Athletic Federation	AAA
Latvia	LAT	Latvian Athletics Association	EA
Lebanon	LBN	Fédération Libanaise d'Athlétisme	AAA
Lesotho	LES	Federation of Athletics Lesotho	CAA
Liberia	LBR	Liberia Athletics Federation	CAA
Libya	LBA	Libyan Athletics Federation	CAA
Liechtenstein	LIE	Liechtensteiner Leichtathletik Verband	EA
Lithuania	LTU	Athletic Federation of Lithuania	EA
Luxembourg	LUX	Fédération Luxembourgeoise d'Athlétisme	EA

World Athletics Member Federations

Macao, China	MAC	Associação de Atletismo de Macau	AAA
Madagascar	MAD	Federation Malagasy d'athlétisme	CAA
Malawi	MAW	Athletics Association of Malawi	CAA
Malaysia	MAS	Malaysia Athletic Federation	AAA
Maldives	MDV	Athletics Association of Maldives	AAA
Mali	MLI	Fédération Malienne d'athlétisme	CAA
Malta	MLT	Athletics Malta	EA
Marshall Islands	MHL	Marshall Islands Athletics Federation	OAA
Mauritania	MTN	Fédération d'athlétisme R.I Mauritanie	CAA
Mauritius	MRI	Mauritius Athletics Association	CAA
Mexico	MEX	Federación Mexicana de Asociaciones de Atletismo, A.C	NACAC
Micronesia (Federated States of)	FSM	Federated States of Micronesia Athletic Association	OAA
Moldova	MDA	Federatia de Atletism din Republica Moldova	EA
Monaco	MON	Fédération Monégasque d'athlétisme	EA
Mongolia	MGL	Mongolian Athletic Federation	AAA
Montenegro	MNE	Athletic Federation of Montenegro	EA
Montserrat	MNT	Montserrat Amateur Athletic Association	NACAC
Morocco	MAR	Fédération Royale Marocaine d'athlétisme	CAA
Mozambique	MOZ	Federação Moçambicana de Atletismo	CAA
Myanmar	MYA	Myanmar Track & Field Federation	AAA
Namibia	NAM	Athletics Namibia	CAA
Nauru	NRU	Nauru Athletics Association	OAA
Nepal	NEP	Nepal Athletics Association	AAA
Netherlands	NED	Royal Dutch Athletics Federation	EA
New Zealand	NZL	Athletics New Zealand	OAA
Nicaragua	NCA	Federacion Nicaragüense de Atletismo	NACAC
Niger	NIG	Fédération Nigerienne d'athlétisme	CAA
Nigeria	NGR	Athletic Federation of Nigeria	CAA
Norfolk Island	NFI	Athletics Norfolk Island	OAA

World Athletics Member Federations

North Macedonia	MKD	Athletic Federation of Macedonia	EA
Northern Mariana Islands	NMI	Northern Marianas Athletics	OAA
Norway	NOR	Norwegian Athletics Federation	EA
Oman	OMA	Oman Athletic Association	AAA
Pakistan	PAK	Athletics Federation of Pakistan	AAA
Palau (Republic of)	PLW	Palau Athletics	OAA
Palestine	PLE	Palestine Athletic Federation	AAA
Panama	PAN	Federacion Panameña de Atletismo	AS
Papua New Guinea	PNG	Athletics Papua New Guinea	OAA
Paraguay	PAR	Federacion Paraguaya de Atletismo	AS
Peru	PER	Federacion Peruana de Atletismo	AS
Philippines	PHI	Philippine Athletics Track & Field Association	AAA
Poland	POL	Polish Athletics Association	EA
Portugal	POR	Federação Portuguesa de Atletismo	EA
Puerto Rico	PUR	Federacion de Atletismo de Puerto Rico	NACAC
Qatar	QAT	Qatar Athletics Federation	AAA
Romania	ROU	Federatia Romana de Atletism	EA
Russia	RUS	Russian Athletic Federation	EA
Rwanda	RWA	Fédération Rwandaise d'athlétisme	CAA
Saint Kitts & Nevis	SKN	Saint Kitts & Nevis Amateur Athletic Association	NACAC
Saint Lucia	LCA	Saint Lucia Athletics Association	NACAC
Saint Vincent & the Grenadines	VIN	Team Athletics Saint Vincent & The Grenadines	NACAC
Samoa	SAM	Athletics Samoa	OAA
San Marino	SMR	Federazione Sammarinese Atletica Leggera	EA
Sao Tomé e Príncipe	STP	Federação Santomense de Atletismo	CAA
Saudi Arabia	KSA	Saudi Arabian Athletics Federation	AAA
Senegal	SEN	Fédération Sénégalaise d'athlétisme	CAA
Serbia	SRB	Athletic Federation of Serbia	EA
Seychelles	SEY	Seychelles Athletics Federation	CAA

World Athletics Member Federations

Sierra Leone	SLE	Sierra Leone Amateur Athletic Association	CAA
Singapore	SGP	Singapore Athletic Association	AAA
Slovakia	SVK	Slovak Athletic Federation	EA
Slovenia	SLO	Slovenian Athletics Association	EA
Solomon Islands	SOL	Athletic Solomons	OAA
Somalia	SOM	Somali Athletics Federation	CAA
South Africa	RSA	Athletics South Africa	CAA
South Sudan	SSD	South Sudan Athletics Federation	CAA
Spain	ESP	Real Federacion Española de Atletismo	EA
Sri Lanka	SRI	Sri Lanka Athletics	AAA
Sudan	SUD	Sudan Athletic Association	CAA
Suriname	SUR	Surinaamse Athletiek Bond	AS
Sweden	SWE	Swedish Athletic Association	EA
Switzerland	SUI	Schweizerischer Leichtathletik-Verband	EA
Syria	SYR	Syrian Arab Athletic Federation	AAA
Chinese Taipei	TPE	Chinese Taipei Athletics Association	AAA
Tajikistan	TJK	Athletics Federation of the Republic of Tajikistan	AAA
Tanzania	TAN	Athletics Tanzania	CAA
Thailand	THA	Athletic Association of Thailand	AAA
Timor-Leste	TLS	Federação Timor-Leste de Atletismo	AAA
Togo	TOG	Fédération Togolaise d'Athlétisme	CAA
Tonga	TGA	Tonga Athletic Association	OAA
Trinidad & Tobago	TTO	Nat'l Association of Athletics Admin. of Trinidad & Tobago	NACAC
Tunisia	TUN	Fédération Tunisienne d'Athlétisme	CAA
Türkiye	TUR	Turkish Athletic Federation	EA
Turkmenistan	TKM	Amateur Athletic Federation of Turkmenistan	AAA
Turks & Caicos Islands	TKS	Turks & Caicos Islands Amateur Athletic Association	NACAC
Tuvalu	TUV	Tuvalu Athletics Association	OAA
Uganda	UGA	Uganda Athletics Federation	CAA

World Athletics Member Federations

Ukraine	UKR	Ukrainian Athletic Federation	EA
United Arab Emirates	UAE	UAE Athletics Federation	AAA
United States of America	USA	USA Track & Field	NACAC
Uruguay	URU	Confederacion Atletica del Uruguay	AS
Uzbekistan	UZB	The Athletic Federation of Uzbekistan	AAA
Vanuatu	VAN	Athletics Vanuatu	OAA
Venezuela	VEN	Federacion Venezolana de Atletismo	AS
Vietnam	VIE	Vietnam Athletics Federation	AAA
Virgin Islands (US)	ISV	Virgin Islands Track & Field Federation	NACAC
Yemen	YEM	Yemen Athletics Federation	AAA
Zambia	ZAM	Zambia Amateur Athletic Association	CAA
Zimbabwe	ZIM	National Athletic Association of Zimbabwe	CAA



History of the World Athletics Championships

The World Athletics Championships is the jewel in the crown of the sport's global competition programme and the third-largest sporting event in the world after the Olympic Games and football's World Cup.

Since the foundation of the IAAF (now World Athletics) in 1912, the Olympic Games had been, by constitution, the World Championships of the sport. But from the 1960s onwards, an increasingly strong lobby was formed among members convinced that they too should have their own separate World Championships. In 1976 an IAAF Council meeting in Puerto Rico approved the move and Helsinki was later selected as the host of the inaugural IAAF World Championships in 1983.

Sandwiched between the heavily boycotted 1980 and 1984 Olympic Games, the first World Championships featured about 1,300 athletes from 154 countries and was a resounding success.

Carl Lewis announced his arrival as a global superstar by taking gold in the 100m, long jump and 4x100m, while home fans went wild after Tiina Lillak struck gold in the javelin courtesy of her sixth-round throw.

Rome staged the second edition of the World Championships, where Bulgaria's Stefka Kostadinova cleared 2.09m to win the high jump – a world record that stood for 37 years.

The 1991 World Championships in Tokyo is fondly remembered as one of the finest in the 40-year history of the event as it produced one of the great duels in athletics history. Lewis, who had secured a third world 100m title in a



world record time of 9.86, surpassed Bob Beamon's 23-year-old world record distance of 8.90m in the long jump with a wind-aided 8.91m. But his US teammate Mike Powell responded to the challenge, soaring out to a wind-legal 8.95m – a world record that still stands today.

Such had been the success of the fledgling event, the championships switched from a quadrennial to a biennial cycle, with Stuttgart hosting the 1993 edition. World records from British hurdling duo Colin Jackson and Sally Gunnell were among the highlights.

The triple jump took centre stage at the 1995 World Championships in Gothenburg as Jonathan Edwards and Inessa Kravets set world records in the men's and women's events, respectively.

In 1997, Sergey Bubka secured a remarkable sixth successive world pole vault title with a championship record of 6.01m. A total of 26 countries earned gold medals at those championships, underlining the sport's global reach.

Michael Johnson's stunning 400m world record of 43.18 provided the high point of the 1999 edition in Seville. The championships took another stride towards equality as the women's hammer and pole vault were added to the programme.

The likes of Eliud Kipchoge, Kenenisa Bekele and Carolina Klüft emerged as stars at the 2003 edition in Paris, while in 2005 Helsinki became the first two-time host of the World Championships.





Just 12 months after Usain Bolt burst on to the global athletics scene at the Beijing Olympics, the Jamaican superstar lit up the 2009 World Championships in Berlin, posting jaw-dropping world records of 9.58 and 19.19 in the 100m and 200m, then adding a third gold in the 4x100m.

Bolt's false start – and subsequent disqualification – from the 100m may have been one of the biggest talking points of the 2011 World Championships in Daegu, but Australia's Sally Pearson produced one of the best performances of the event, clocking a championship record of 12.28 in the 100m hurdles.

Mo Farah retained his 10000m title in 2013 and added the 5000m gold for good measure. Bolt, meanwhile, and his Jamaican teammate Shelly-Ann Fraser-Pryce each won a trio of sprint gold medals in the 100m, 200m and 4x100m.

Bolt and Farah successfully defended their titles in 2015, while Ashton Eaton retained his decathlon title with a world record of 9045. Further highlights came from Wayde van Niekerk, who announced his arrival on the global scene with his 400m victory, and Dafne Schippers, who won a high-quality 200m final in a championship record of 21.63.

Played out to huge crowds inside London's Olympic Stadium, the 2017 event was one of the most compelling and competitive editions to date, packed with close finishes and surprise winners. The loudest roars of the championships came when the host nation, Great Britain, won a surprise gold in the men's 4x100m.



In 2019 the world's best athletes descended on Doha, where Dalilah Muhammad ran a world record of 52.16 to win the 400m hurdles and Joe Kovacs prevailed in a superb shot put showdown, throwing a championship record of 22.91m to beat Ryan Crouser and Tom Walsh by a single centimetre.



The 2022 championships in Oregon was the most universal edition so far, with 29 countries winning gold medals and more nations than ever before seeing their athletes reach finals. Three world records were set: Tobi Amusan ran 12.12 in the 100m hurdles, Sydney McLaughlin clocked 50.68 in the 400m hurdles, and Mondo Duplantis cleared 6.21m in the pole vault.

Several athletes won two individual titles at the 2023 edition in Budapest. Noah Lyles won the men's 100m/200m double, then added a third gold medal in the 4x100m. Faith Kipyegon won the women's 1500m and 5000m, while Spanish duo Maria Perez and Alvaro Martin each won a 20km and 35km race walk double.



The World Athletics Championships Tokyo 25, from 13-21 September, will be the 20th edition as Japan becomes the first country to host the World Championships three times.



Tokyo, a city where tradition and modernity merge



Tokyo is a city where the past and the future meet. The cityscape, which retains features from the Edo period, harmonises with state-of-the-art modern elements and gives off its own charm.

Cityscape — A fusion of Edo and Tokyo

On the street corners of Asakusa and Yanaka, you can feel the atmosphere of the Edo era. Wooden houses and cobblestones remain, and old-fashioned shops are lined up. On the other hand, in Shibuya and Roppongi there are skyscrapers full of greenery. You can enjoy the charming after dark Tokyo, including the projection mapping at the Tokyo Metropolitan Government Building, in Shinjuku at night. It has been certified by GUINNESS WORLD RECORDS™ as the “Largest architectural projection-mapped display (permanent)”.

Means of transportation — waterways and rail networks

In the Edo period, people’s lives and logistics were centered on waterways such as the Sumida River, and “boat transportation” was the main artery of the city. In modern day Tokyo, a network of railways forms a system of interconnected railway lines, and more than 10 million people travel smoothly by rail. Times may change, but the dynamism of cities remains the same.



Food — Edomae style, foods from all over the world in Tokyo
“Edomae” style dishes such as sushi, soba noodles, and tempura are characterised by their stylish, eco-friendly, and healthy taste, and are born from the culture of the townspeople who enjoy themselves in a quick and chic way. The present Tokyo has formed a diverse food culture, with long-established restaurants that have inherited these flavors, MICHELIN-starred restaurants, and food from all over the world.

Sports — Tokyo connected to the world

Sumo wrestling and martial arts were popular in the Edo period and were loved by the townspeople and samurai. The culture of love for sports has been inherited to this day, and in recent years, Tokyo has become a prominent host city for international sporting events, notably with the upcoming World Athletics Championships in 2025 where athletes from around the world will gather. Inheriting the traditional sports culture, sports continue to fascinate people, including track and field.

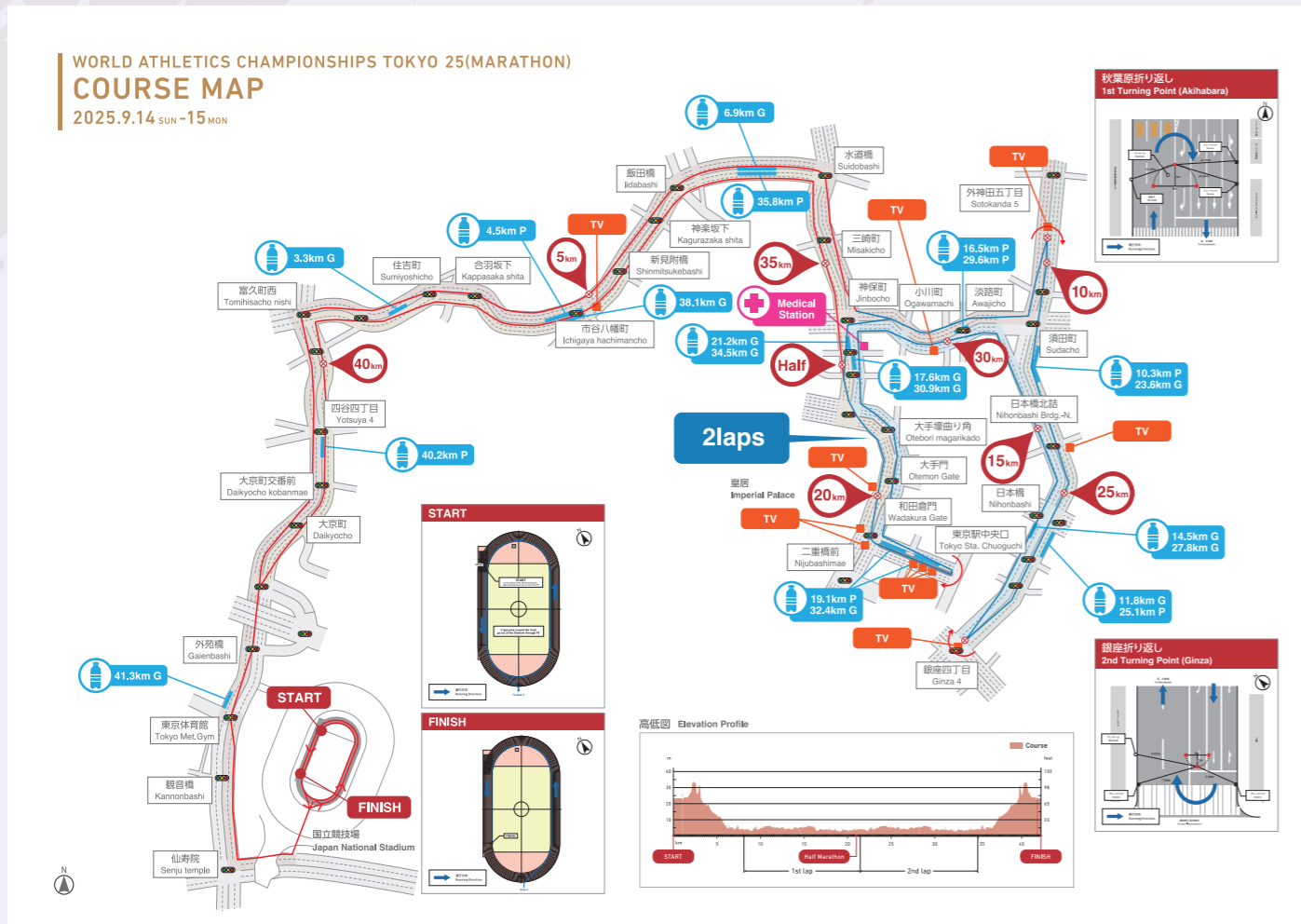
Tokyo is a city where tradition and modernity merge. Feel the various charms in this city where the past and the future intersect.

➡ GO TOKYO ! (Two-dimensional code)
<https://www.gotokyo.org/en/index.html>



Course of the road races

Marathon course



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 This is our promise.

TBS, Moments in motion.

Race walk course

PERSONAL DRINK STATION

PERSONAL DRINK STATION

GENERAL DRINK STATION

GENERAL DRINK STATION

TV

TV BROADCAST POINTS

PHOTO

PHOTO POSITION

FIRST AID STATION

FIRST AID STATION

**SEPARATION POINT
Finish/Continue**

SEPARATION POINT

TIMING POINT

TIMING POINT

SPECTATORS AREA

SPECTATORS AREA

VIP AREA

VIP AREA

CROSSING POINT

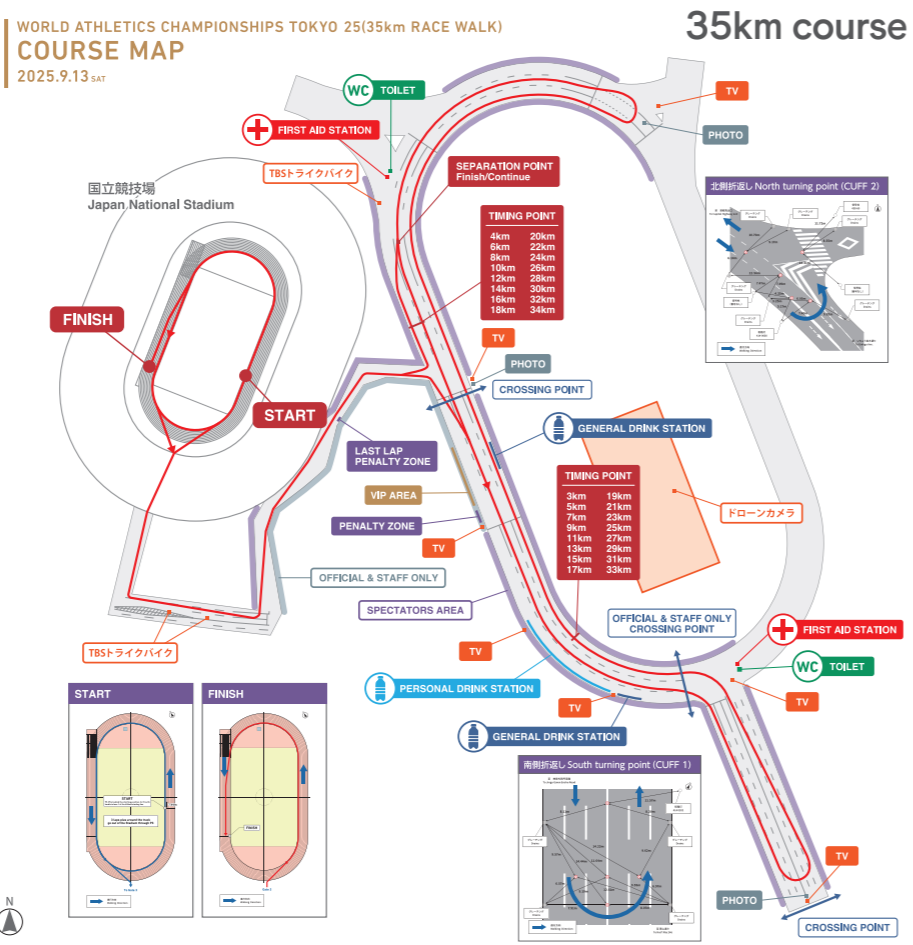
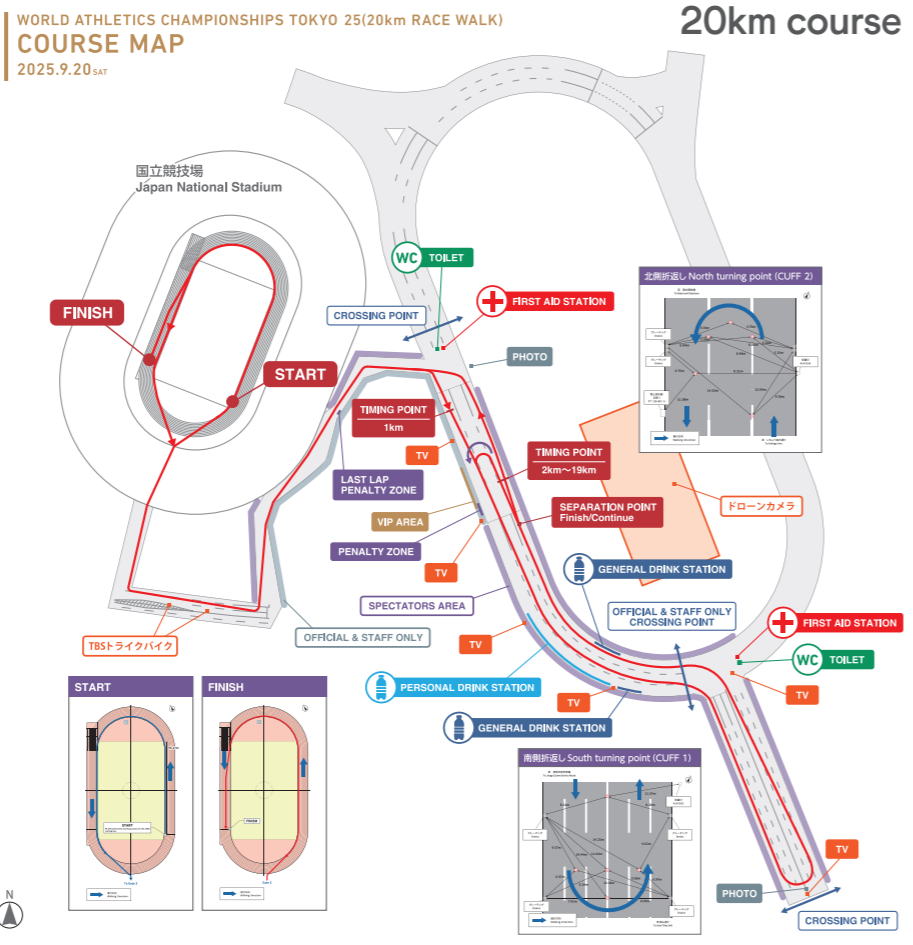
CROSSING POINT

**OFFICIAL & STAFF ONLY
CROSSING POINT**

OFFICIAL & STAFF ONLY
CROSSING POINT

WC TOILET

TOILET



Stadium information

— JAPAN NATIONAL STADIUM —

The Japan National Stadium will serve as the central venue for all WCH Tokyo 25 events, including the finish line for both the men's and women's marathon and race walk events. Built on the same site as the original stadium that hosted Tokyo's first World Athletics Championships in 1991, the newly reimagined stadium opened in 2019 with an expanded seating capacity of 67,750. It went on to host athletics as well as the opening and closing ceremonies of the Tokyo 2020 Olympic and Paralympic Games, and today continues to welcome major sporting events and concerts, making it an integral part of Tokyo's cultural and sporting life.



©Japan National Stadium Entertainment Inc.



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Designed to blend seamlessly with its natural surroundings, the stadium features distinctive wooden eaves crafted from certified timber sourced from all 47 prefectures of Japan, with each piece pointed toward its place of origin. The spectator seating area is arranged in a mosaic of five earthy colours of white, yellow-green, grey, dark green and dark brown, creating a warm, organic atmosphere that reflects the lush greenery of the surrounding area.

The venue also emphasises universal design, with features such as wheelchair-accessible seating, accessible restrooms, and smooth, flat approaches, ensuring comfort and safety for all spectators regardless of age or ability.

Take in breathtaking 360-degree views of Tokyo from the fifth floor of the stadium, known as Sora no Mori (Sky Forest). This scenic walkway circles the entire venue and offers a rare chance to experience the stadium's state-of-the-art design up close. Whether before or after your ticketed session, be sure to stop by, soak up the view, and enjoy a moment of nature above the city.



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WCH Tokyo 25 – event fact sheet

Successes

The USA is comfortably the most successful nation in the history of the World Championships, with 195 gold, 134 silver and 114 bronze medals up to 2023, for a total of 443. It's highly likely this country will win their 200th gold in Tokyo.

Six other countries have more than 100 medals: Germany (including the former East and West), Kenya, Jamaica, Russia, Great Britain & NI and Ethiopia.

Japan's total is 35 (eight gold, nine silver and 18 bronze).

US sprinter Allyson Felix is the most successful athlete in World Championships history. She has 20 medals across the 200m, 400m and relays.

Counting individual titles only, Usain Bolt is top of the list with seven golds: four at 200m and three at 100m.

Sergey Bubka has the record for most gold medals in one discipline. He won six pole vault titles between 1983 and 1997.

Toshikazu Yamanishi is Japan's most successful athlete at the World Championships, having won the 20km race walk in 2019 and 2022.

The Japanese athlete with the most medals is hammer thrower Koji Murofushi, who won gold in 2011, silver in 2001 and bronze in 2003.

The most world records set at one edition of the World Championships is five, achieved in Stuttgart in 1993. World records were set by Colin Jackson in the 110m hurdles (12.91), the USA in both men's relays (37.40 and 2:54.29), Sally Gunnell in the 400m hurdles (52.74), and Anna Biryukova in the triple jump (15.09m).

Participation

The biggest World Championships in terms of athletes was the 2023 edition in Budapest, which had 1994 participants from 195 teams. This same championships also saw a record number of countries providing finalists (82).

The biggest World Championships in terms of teams was the 2019 edition in Doha, which had 206 teams.

The record for the most races contested at the World Championships is 59 by sprinter Merlene Ottey, who represented Jamaica and Slovenia throughout her career.

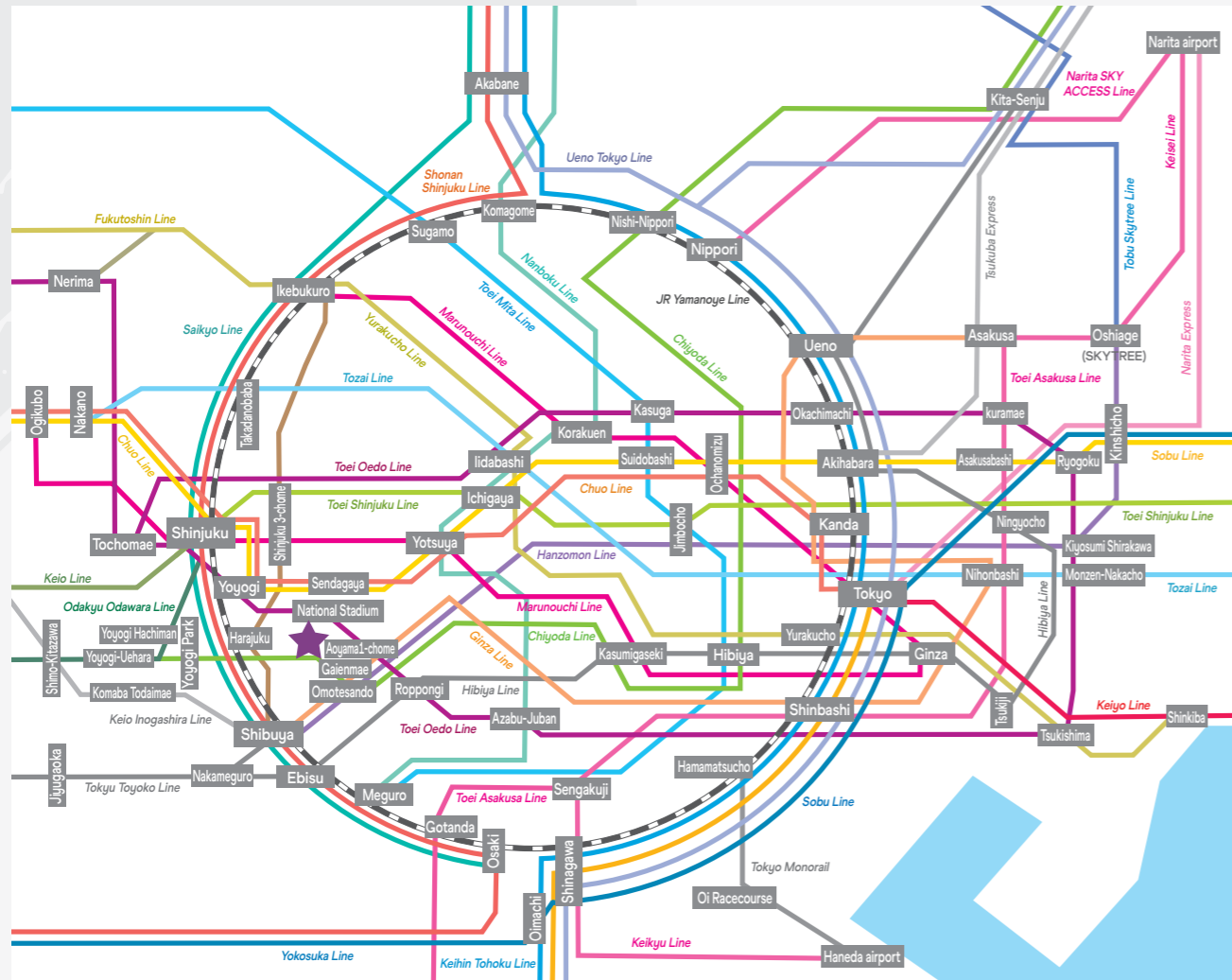
The oldest ever world champion is Ellina Zvereva, winner of the 2001 world discus title at 40 years, 269 days. The oldest male champion is Yohann Diniz, winner of the 2017 world 50km race walk title at 39 years, 224 days.

The youngest winner is Merlene Frazer who at 17 years and 248 days was part of the victorious Jamaican 4x100m squad in 1991. The youngest individual champion is Tirunesh Dibaba, 5000m winner in 2003 at 17 years and 333 days. The youngest male champion is Ismael Kirui, 5000m winner in 1993 at 18 years and 177 days.

In 2015, Japan's Abdul Hakim Sani Brown (then 16) became the youngest-ever participant in the World Championship men's 200m.



Stadium access map



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A legacy for the future

At WCH Tokyo 25, our mission is clear: to inspire dreams and hope among people around the world, and to set a new standard for future international sporting events. This mission is built on three core pillars – the Tokyo Dream, Tokyo Brand, and Tokyo Model.

Through a wide range of initiatives aligned with these pillars, we aim to leave behind more than memories. Our legacy will include the celebration of sporting culture, the passing on of values to future generations, the growth of a volunteer spirit, the strengthening of global connections, the promotion of environmental awareness, and the creation of a sustainable blueprint for future events.

Two key initiatives leading this legacy forward are our Sustainability Plan and Children's Participation Programme.

Sustainability plan

Our comprehensive Sustainability Plan is designed to earn the highest possible rating under World Athletics' Athletics for a Better World (ABW) framework.

In close collaboration with event sponsors and the Tokyo Metropolitan Government, we are taking meaningful, measurable steps to reduce our environmental footprint – not only during the championships, but throughout the planning and delivery process. These efforts include adopting innovative technology, promoting resource efficiency, and fostering inclusive engagement.

Sustainable aviation fuel from recycled cooking oil

Working with the Tokyo Metropolitan Government, we are introducing sustainable aviation fuel (SAF) made from recycled cooking oil collected across Tokyo. This fuel will power the aircraft transporting athletes, helping to significantly reduce emissions. To promote participation at household level, WCH Tokyo 25 ambassador Haruka Kitaguchi is supporting the campaign through public outreach and awareness efforts.



OFFICIAL PROGRAMME

森永製菓は 東京2025世界陸上を 応援しています



MORINAGA — Official Supporter of WCH Tokyo 25.



森永製菓株式会社

1秒後、世界が変わる。Every Second, Sugoi.



Next-generation solar cell technology

In a pilot project also developed in partnership with the Tokyo Metropolitan Government, next-generation solar cells – lightweight, flexible and created in Japan – will be used to power garden lights installed around the Japan National Stadium. These innovative lights will remain in place after the championships, demonstrating a practical application of renewable technology.

Bottle to bottle recycling

In collaboration with Otsuka Pharmaceutical Co., Ltd. WCH Tokyo 25 will be the first World Championships to implement a Bottle to Bottle horizontal recycling programme – a closed-loop system that turns used PET bottles into new ones. Bottles collected at the Japan National Stadium and training venues will be processed and reused, advancing our commitment to circular resource use.



Biofuel power

To further reduce emissions, we have partnered with Revo International to power temporary broadcasting generators at the Japan National Stadium with 100% biofuel, marking the largest deployment of its kind in Japan. Biofuel will also be used for selected generators and transport vehicles at training venues.

Additional environmental initiatives include the use of electric and low-emission vehicles in collaboration with Honda, carbon offsetting through credit schemes led by Tokyo Gas, and the promotion of plogging (jogging while collecting litter) organised with Morinaga & Co., Ltd. Together, these efforts represent our commitment to hosting a sustainable, forward-thinking championships.



Children's participation

In line with our mission and the values of World Athletics' Kids' Athletics Programme: respect, determination, friendship and pride, we have developed a range of initiatives to ensure that children play an active and meaningful role in the championships.

From attending events to experiencing athletics first-hand and contributing to operations, we're creating opportunities for the next generation to engage with sport in impactful, lasting ways.

Children's workshop

In partnership with the Tokyo Metropolitan Government, we hosted workshops inviting children to share their ideas on how they would like to experience and shape the championships. Their input inspired the development of initiatives such as the Children's Reporter Programme and athlete escort roles, allowing young participants to contribute directly to the event.



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Delivering dreams: the Baton Project

To inspire children across the capital, WCH Tokyo 25 launched the Baton Project in collaboration with World Athletics' Kids' Athletics Programme, and with the generous support of Honda and Mori Building.

Through this initiative, all 1400 primary schools in Tokyo received a set of eight original World Athletics Championships Tokyo 25 relay batons, including one for display. Each set was accompanied by message cards from five Athlete Ambassadors representing Japan on the world stage.

By placing these batons in the hands of children, we hope to nurture a love for athletics and an appreciation for teamwork, while deepening their connection to sport. Ultimately, WCH Tokyo 25 aims to spark inspiration, creating moments that help children grow, dream, and shape their own futures.



進化し続けるチームJAPANとともに、私たちも歩んできました。
世界陸上の舞台が、34年ぶりに東京へ。JALの翼が、トップアスリートの挑戦を支えます。

東京2025世界陸上



WORLD ATHLETICS
CHAMPIONSHIPS
TOKYO 25



JAPAN
AIRLINES

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Competition prize money

World Athletics will award the following prize money.

Individual

1st	US\$ 70,000
2nd	US\$ 35,000
3rd	US\$ 22,000
4th	US\$ 16,000
5th	US\$ 11,000
6th	US\$ 7,000
7th	US\$ 6,000
8th	US\$ 5,000

Relays

1st	US\$ 80,000
2nd	US\$ 40,000
3rd	US\$ 20,000
4th	US\$ 16,000
5th	US\$ 12,000
6th	US\$ 8,000
7th	US\$ 6,000
8th	US\$ 4,000

World record bonus

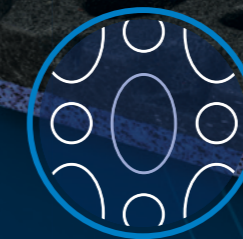
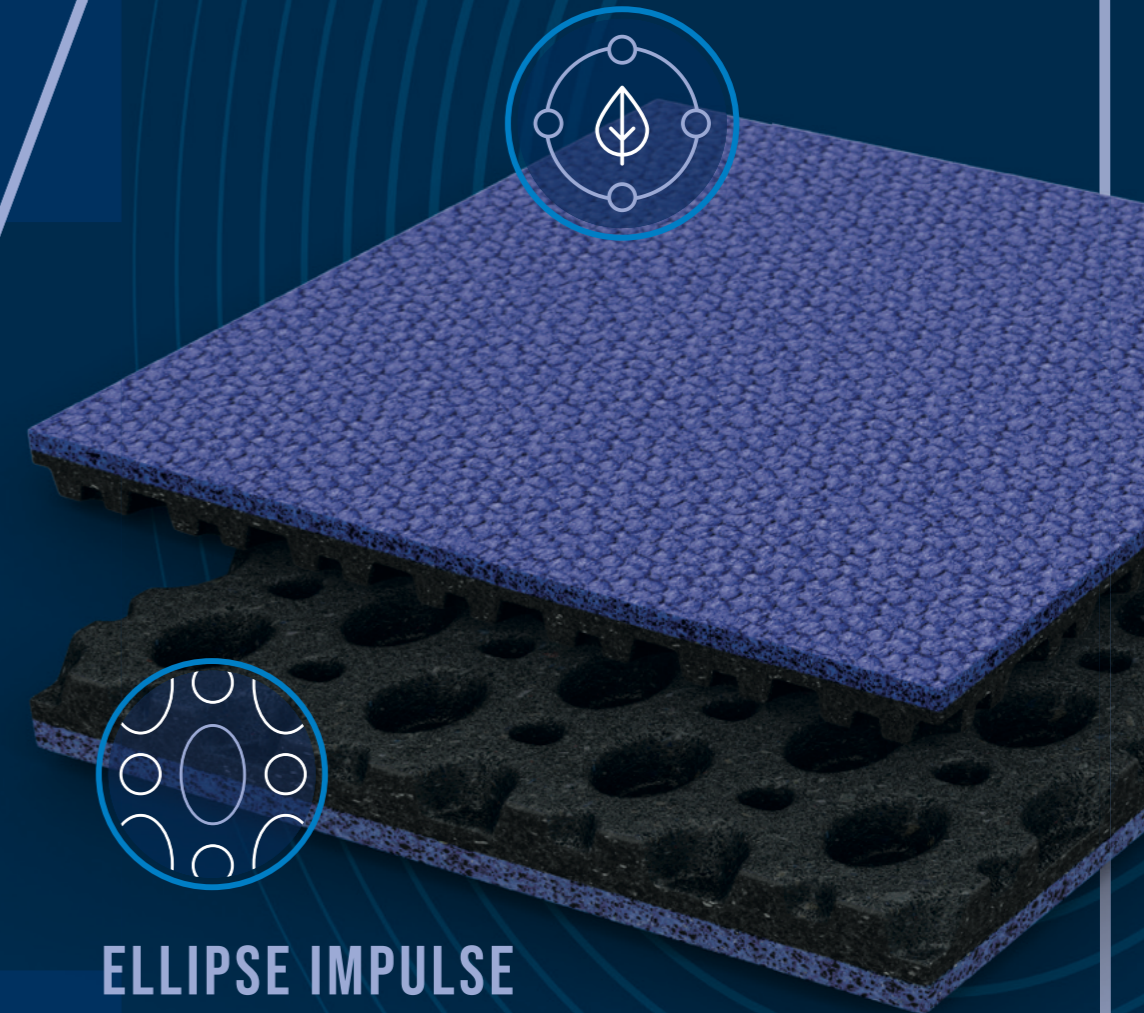
If an athlete or team breaks a world record during the World Athletics Championships, a prize of US\$ 100,000 will be offered as a bonus payment. It is the athlete's decision whether to accept the bonus or not. The world record bonus will only be awarded for performances which improve the existing world record, and which meet all the necessary rules, conditions and procedure for recognition as a World Athletics record and only paid after the record has been ratified by World Athletics. World Record Application Forms are available on the QR code below.



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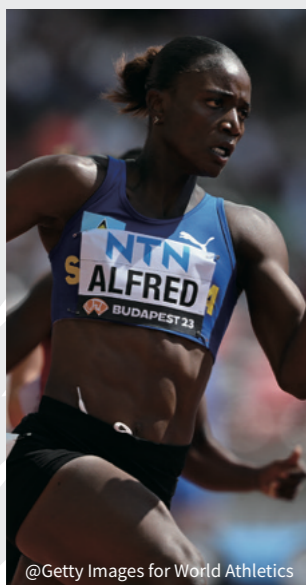
**PUSH
BEYOND
LIMITS**



Profiles of key athletes



WORLD ATHLETICS
CHAMPIONSHIPS
T O K Y ● 2 5



Julien Alfred

Country: Saint Lucia

Born: 10 June 2001

Event: Women's 100m, 200m

Competition schedule:

- **Women's 100m:**
Heats – 13 September evening
Semifinals – 14 September evening
Final – 14 September evening
- **Women's 200m:**
Heats – 17 September evening
Semifinals – 18 September evening
Final – 19 September evening

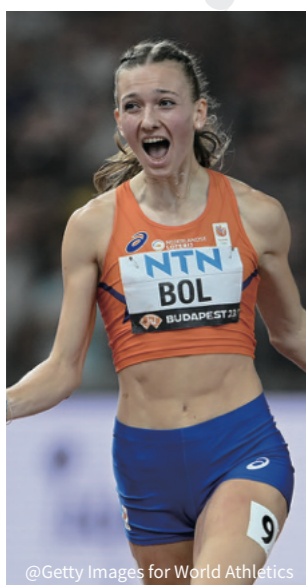
Medals:

Olympic Games:

- 1 x 100m gold (Paris 2024)
- 1 x 200m silver (Paris 2024)

Did you know?

Alfred won Saint Lucia's first ever senior global medal in athletics when she gained world indoor 60m gold in Glasgow in 2024. Then, in Paris, she claimed her nation's first Olympic medal in any sport – getting gold in the 100m and silver in the 200m.



Femke Bol

Country: Netherlands

Born: 23 February 2000

Event: Women's 400m hurdles

Competition schedule :

- **Women's 400m hurdles:**
Heats – 15 September morning
Semifinals – 17 September evening
Final – 19 September evening

Medals:

World Championships:

- 1 x 400m hurdles gold (Budapest 2023)
- 1 x 4x400m gold (Budapest 2023)
- 1 x 400m hurdles silver (Oregon 2022)
- 1 x mixed 4x400m silver (Oregon 2022)

Olympic Games:

- 1 x mixed 4x400m gold (Paris 2024)
- 1 x 4x400m silver (Paris 2024)
- 2 x 400m hurdles bronze (Paris 2024 and Tokyo 2020)

Did you know?

As well as being world champion in the 400m hurdles, Bol is a world record-holder in the 400m short track. She set a world 400m short track record in Apeldoorn in 2023 and improved it in the same city one year later before breaking the record for a third time to win the world indoor title in Glasgow.



Beatrice Chebet

Country: Kenya

Born: 5 March 2000

Event: Women's 5000m, 10000m

Competition schedule :

- **Women's 5000m:**
Heats – 18 September evening
Final – 20 September evening
- **Women's 10000m:**
Final – 13 September evening

Medals:

World Championships:

- 1 x 5000m silver (Oregon 2022)
- 1 x 5000m bronze (Budapest 2023)

Olympic Games:

- 1 x 5000m gold (Paris 2024)
- 1 x 10000m gold (Paris 2024)

Did you know?

Chebet is a world record-holder on both the roads and on the track. She set a world 10000m record in Eugene in May 2024 and went on to set her second world 5km record in Barcelona in 2024 and a world 5000m record in Eugene in 2025.



Neeraj Chopra

Country: India
Born: 24 December 1997

Event: Men's javelin

Competition schedule:

- Men's javelin:
Qualification – 17 September evening
Final – 18 September evening

Medals:

World Championships:
1 x gold (Budapest 2023)
1 x silver (Oregon 2022)

Olympic Games:
1 x gold (Tokyo 2020)
1 x silver (Paris 2024)

Did you know?

Chopra made history at the Tokyo Olympics. He became the first Indian athlete to gain an Olympic gold in athletics when he won the javelin throw.



Alison dos Santos

Country: Brazil
Born: 3 June 2000

Event: Men's 400m hurdles

Competition schedule:

- Men's 400m hurdles:
Heats – 15 September evening
Semifinals – 17 September evening
Final – 19 September evening

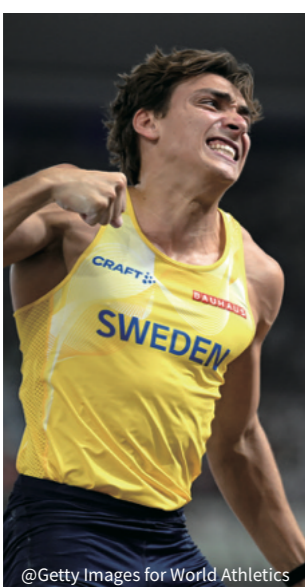
Medals:

World Championships:
1 x gold (Oregon 2022)

Olympic Games:
2 x bronze (Paris 2024, Tokyo 2020)

Did you know?

Dos Santos is the third-fastest 400m hurdler in history. He sits behind only world record-holder Karsten Warholm and Rai Benjamin on the world all-time list and beat them both to the world title in Oregon in 2022.



Mondo Duplantis

Country: Sweden
Born: 10 November 1999

Event: Men's pole vault

Competition schedule:

- Men's pole vault:
Qualification – 13 September evening
Final – 15 September evening

Medals:

World Championships:
2 x gold (Budapest 2023, Oregon 2022)
1 x silver (Doha 2019)

Olympic Games:
2 x gold (Paris 2024, Tokyo 2020)

Did you know?

Duplantis has broken the world pole vault record 13 times during his career so far. His first world record of 6.17m was set in Torun in 2020 and he has since improved it to 6.29m.



Grant Holloway

Country: United States
Born: 19 November 1997

Event: Men's 110m hurdles

Competition schedule:

- **Men's 110m hurdles:**
Heats – 15 September evening
Semifinals – 16 September evening
Final – 16 September evening

Medals:

World Championships:

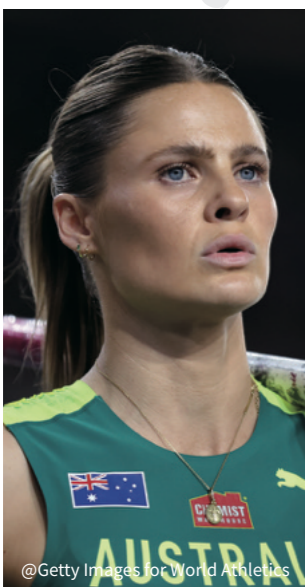
3 x gold (Budapest 2023, Oregon 2022, Doha 2019)

Olympic Games:

1 x gold (Paris 2024)
1 x silver (Tokyo 2020)

Did you know?

As well as his great success in the 110m hurdles, Holloway is the world record-holder in the 60m hurdles and he hasn't lost a sprint hurdles race indoors since 2014.



Nina Kennedy

Country: Australia
Born: 5 April 1997

Event: Women's pole vault

Competition schedule:

- **Women's pole vault:**
Qualification – 15 September morning
Final – 17 September evening

Medals:

World Championships:

1 x gold (Budapest 2023)
1 x bronze (Eugene 2022)

Olympic Games:

1 x gold (Paris 2024)

Did you know?

Kennedy was part of a pole vault contest so exciting that it ended with not one but two gold medals at the World Championships in Budapest. After sharing the title with Katie Moon on that occasion, Kennedy went on to win solo Olympic gold in Paris.



Hamish Kerr

Country: New Zealand
Born: 17 August 1996

Event: Men's high jump

Competition schedule:

- **Men's high jump:**
Qualification – 14 September evening
Final – 16 September evening

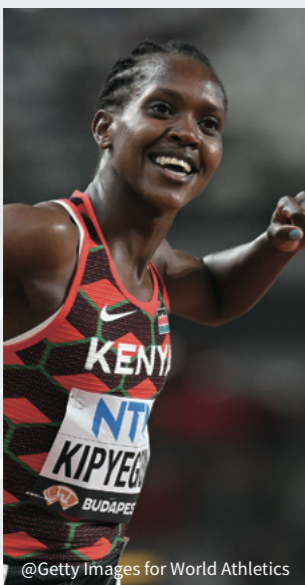
Medals:

Olympic Games:

1 x gold (Paris 2024)

Did you know?

Kerr claimed his Olympic title in Paris after a jump-off. Both Kerr and USA's Shelby McEwen cleared up to 2.36m with matching scoresheets and when they both couldn't manage 2.38m, gold was decided by Kerr's jump-off clearance of 2.34m.



Faith Kipyegon

Event: Women's 1500m, 5000m

Competition schedule:

- **Women's 1500m:**
Heats – 13 September evening
Semifinals – 14 September evening
Final – 16 September evening
- **Women's 5000m:**
Heats – 18 September evening
Final – 20 September evening

Country: Kenya
Born: 10 January 1994

Medals:

World Championships:

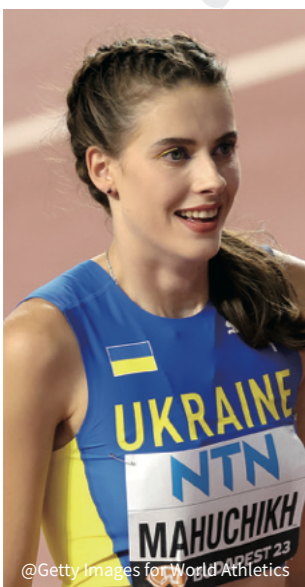
3 x 1500m gold (Budapest 2023, Oregon 2022, London 2017)
1 x 5000m gold (Budapest 2023)
2 x 1500m silver (Doha 2019, Beijing 2015)

Olympic Games:

3 x 1500m gold (Paris 2024, Tokyo 2020, Rio 2016)
1 x 5000m silver (Paris 2024)

Did you know?

Kipyegon became the first woman to win three world 1500m titles when she claimed gold in Budapest. As well as being a multiple global champion, she is the world record-holder for the 1500m and the mile.



Yaroslava Mahuchikh

Event: Women's high jump

Competition schedule:

- **Women's high jump:**
Qualification – 18 September evening
Final – 21 September evening

Country: Ukraine
Born: 19 September 2001

Medals:

World Championships:

1 x gold (Budapest 2023)
2 x silver (Oregon 2022, Doha 2019)

Olympic Games:

1 x gold (Paris 2024)
1 x bronze (Tokyo 2020)

Did you know?

Before winning her first Olympic title in Paris, Mahuchikh set a world record in the same city – clearing 2.10m during the Wanda Diamond League meeting at the Stade Charlety.



Letsile Tebogo

Event: Men's 100m, 200m

Competition schedule :

- **Men's 100m:**
Heats – 13 September evening
Semifinals – 14 September evening
Final – 14 September evening
- **Men's 200m:**
Heats – 17 September evening
Semifinals – 18 September evening
Final – 19 September evening

Country: Botswana
Born: 7 June 2003

Medals:

World Championships:

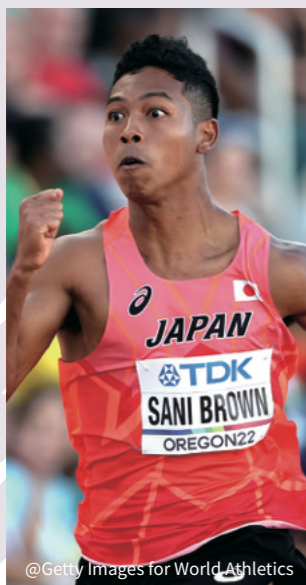
1 x 100m silver (Budapest 2023)
1 x 200m bronze (Budapest 2023)

Olympic Games:

1 x 200m gold (Paris 2024)
1 x 4x400m silver (Paris 2024)

Did you know?

Tebogo became Botswana's first ever Olympic champion in any sport at the Paris 2024 Games when he won the 200m. He also formed part of his nation's silver medal-winning 4x400m team.



Abdul Hakim Sani Brown

Nationality: Japan
Date of birth: 6 March 1999

Event: Men's 100m / Men's 4x100m relay

Competition schedule:

- **Men's 100m:**
Heats – 13 September evening
Semifinals – 14 September evening
Final – 14 September evening
- **Men's 4x100m relay:**
Heats – 20 September evening
Final – 21 September evening

Major appearances:

World Championships:

Beijing 2015
London 2017
4 x100m relay bronze (Doha 2019)
Oregon 2022
Budapest 2023

Olympic Games:

Tokyo 2020
Paris 2024

Did you know?

At 16, Abdul Hakim Sani Brown won both the 100m and 200m at the World U18 Championships in 2015, setting championship records and breaking Usain Bolt's 200m record. He placed seventh in the 200m at London 2017 and became the first Japanese athlete to reach a 100m final at Oregon 2022 (finishing seventh), before improving to sixth place at Budapest 2023.



Towa Uzawa

Nationality: Japan
Date of birth: 25 November 2002

Event: Men's 200m

Competition schedule:

- **Men's 200m:**
Heats – 17 September evening
Semifinals – 18 September evening
Final – 19 September evening

Major appearances:

World Championships:

Budapest 2023

Olympic Games:

Paris 2024

Asian Athletics Championships:

Bangkok 2023 – Gold medal
Kumi 2025 – Gold medal

Did you know?

Originally a baseball player, Towa Uzawa switched to athletics in high school after an elbow injury. In 2019, he won both the 100m and 200m at the National High School Championships. He has since specialised in the 200m, reaching the semifinals at Budapest 2023 and Paris 2024. A fan of anime, he is known for striking memorable poses during athlete introductions.



Rachid Muratake

Nationality: Japan
Date of birth: 6 February 2002

Event: Men's 110m hurdles

Competition schedule:

- **Men's 110m hurdles:**
Heats – 15 September evening
Semifinals – 16 September evening
Final – 16 September evening

Major appearances:

World Championships:

Oregon 2022

Olympic Games:

Paris 2024

Asian Athletics Championships:

Kumi 2025 – Gold medal

National record-holder:

Men's 110m hurdles – 12.92
(August 2025, Athlete Night Games in FUKUI 2025)

Did you know?

Disqualified for a false start at the Japanese Championships in 2021, Rachid Muratake missed out on Tokyo 2020. He rebounded strongly, representing Japan at Oregon 2022 and equalling the national record in 2023. At Paris 2024, he finished fifth – the highest-ever Olympic result for a Japanese sprinter or hurdler. In August 2025, he set a new Japanese record of 12.92 at the Athlete Night Games in FUKUI. He was the first Japanese athlete to break the 13-second barrier.



Shunsuke Izumiya

Nationality: Japan
Date of birth: 26 January 2000

Event: Men's 110m hurdles

Competition schedule:

- **Men's 110m hurdles:**
Heats – 15 September evening
Semifinals – 16 September evening
Final – 16 September evening

Major appearances:

World Championships:

Oregon 2022
Budapest 2023

Olympic Games:

Tokyo 2020
Paris 2024

Did you know?

A former decathlete in high school, Shunsuke Izumiya also excelled in the triple jump and long jump at university. In 2021, he became the first Japanese athlete to run 13.06 in the 110m hurdles, reaching the semifinals at Tokyo 2020. In 2023, he lowered the national record to 13.04 and became Japan's first finalist in the event at the World Championships, finishing fifth. He also claimed a Diamond League victory.



Ryuji Miura

Nationality: Japan
Date of birth: 11 February 2002

Event: Men's 3000m steeplechase

Competition schedule:

- **Men's 3000m steeplechase:**
Heats – 13 September evening
Final – 15 September evening

Major appearances:

World Championships:

Oregon 2022
Budapest 2023

Olympic Games:

Tokyo 2020
Paris 2024

National record holder:

3000m steeplechase – 8:03.43
(July 2025, Diamond League Monaco)

Did you know?

Ryuji Miura made history at the Tokyo 2020 Olympics, becoming the first Japanese athlete to reach the steeplechase final, where he placed seventh. He followed with a sixth-place finish at Budapest 2023 and eighth at Paris 2024. A consistent performer on the Diamond League circuit, he broke the national record with an 8:03.43 performance in 2025, closing in on two-time Olympic champion Soufiane El Bakkali.



Toshikazu Yamanishi

Nationality: Japan
Date of birth: 15 February 1996

Event: Men's 20km race walk

Competition schedule:

- **Men's 20km race walk:**
Final – Saturday 20 September morning

Major appearances:

World Championships:

2 x gold (Doha 2019, Oregon 2022)
Budapest 2023

Olympic Games:

1 x bronze (Tokyo 2020)

Asian Athletics Championships:

Jakarta 2018 – Silver Medal

World & national record-holder:

20km race walk – 1:16:10
(February 2025, Japan Championships)

Did you know?

A two-time world champion in 2019 and 2022, Toshikazu Yamanishi also earned bronze at Tokyo 2020. In February 2025, he broke the world record with a 1:16:10 victory at the Japan Championships. He now targets a third global title. Since 2022, he has served on the World Athletics Athletes' Commission, contributing to the sport's international development.



Haruka Kitaguchi

Nationality: Japan
Date of birth: 16 March 1998

Event: Women's javelin throw

Competition schedule:

- **Women's javelin throw:**
Qualification – 19 September evening
Final – 20 September evening



Nozomi Tanaka

Nationality: Japan
Date of birth: 4 September 1999

Event: Women's 1500m, 5000m

Competition schedule:

- **Women's 1500m:**
Heats – 13 September evening
Semifinals – 14 September evening
Final – 16 September evening
- **Women's 5000m:**
Heats – 18 September evening
Final – 20 September evening

Major appearances:

World Championships:

Doha 2019
1 x bronze (Oregon 2022)
1 x gold (Budapest 2023)

Olympic Games:

Tokyo 2020
1 x gold (Paris 2024)

National record-holder:

Javelin – 67.38m
(September 2023, Diamond League Brussels)

Did you know?

Haruka Kitaguchi became the first Japanese woman to win a medal in a field event at the World Championships with bronze at Oregon 2022 and then struck gold in Budapest 2023. She went on to win Olympic gold at Paris 2024 and claimed back-to-back Diamond League Final titles in 2023 and 2024. Based in Czechia, she is fluent in Czech and English and is known for her expressive personality, gaining popularity worldwide.

Major appearances:

World Championships:

Doha 2019
Oregon 2022
Budapest 2023

Olympic Games:

Tokyo 2020
Paris 2024

Asian Athletics Championships:

Bangkok 2023 – Gold medal : 1500m

National Record Holder:

1500m – 3:59.19
(August 2021, Tokyo 2020 Olympics)
5000m – 14:29.18
(September 2023, Diamond League Brussels)

Did you know?

At Tokyo 2020, Nozomi Tanaka became the first Japanese woman to run under four minutes in the 1500m, finishing eighth in the final. In Oregon 2022, she competed in the 800m, 1500m and 5000m. She placed eighth in the 5000m at Budapest 2023, later breaking the 14:30 barrier. Her fierce racing style and focus continue to inspire fans at home and abroad.



COMPETITION TIMETABLE



WORLD ATHLETICS
CHAMPIONSHIPS
T O K Y O 2 5

DAY 1 13 SEPTEMBER, SATURDAY

MORNING SESSION				EVENING SESSION			
08:00	35km Race Walk	M	Final	Opening Ceremony			
08:00	35km Race Walk	W	Final	18:05	3000m SC	M	R1
09:00	Discus Throw	W	Q A	18:30	Long Jump	W	Q A+B
10:55	Shot Put	M	Q A+B	18:55	100m	W	R1
10:55	Discus Throw	W	Q B	19:05	Pole Vault	M	Q A+B
11:23	100m	M	Prelim	19:50	1500m	W	R1
11:55	4 x 400m Relay	X	R1	20:35	100m	M	R1
				21:10	Shot Put	M	Final
				21:30	10,000m	W	Final
				22:20	4 x 400m Relay	X	Final

DAY 2 14 SEPTEMBER, SUNDAY

08:00	Marathon	W	Final	18:35	400m	M	R1
09:00	Hammer Throw	W	Q A	18:40	High Jump	M	Q A+B
09:35	1500m	M	R1	19:10	Discus Throw	W	Final
10:45	Hammer Throw	W	Q B	19:25	400m	W	R1
11:28	100m H	W	R1	20:20	100m	W	SF
				20:40	Long Jump	W	Final
				20:43	100m	M	SF
				21:05	1500m	W	SF
				21:30	10,000m	M	Final
				22:13	100m	W	Final
				22:20	100m	M	Final

DAY 3 15 SEPTEMBER, MONDAY

MORNING SESSION				EVENING SESSION			
08:00	Marathon	M	Final	19:35	400m H	M	R1
09:00	Hammer Throw	M	Q A	19:40	Long Jump	M	Q A+B
09:05	Pole Vault	W	Q A+B	20:10	Pole Vault	M	Final
09:15	3000m SC	W	R1	20:20	110m H	M	R1
10:45	Hammer Throw	M	Q B	21:00	Hammer Throw	W	Final
11:20	400m H	W	R1	21:05	110m H	W	SF
				21:30	1500m	M	SF
				21:55	3000m SC	M	Final
				22:20	100m H	W	Final

DAY 4 16 SEPTEMBER, TUESDAY

NO EVENTS				19:35	800m	M	R1
				19:40	Triple Jump	W	Q A+B
				20:35	High Jump	M	Final
				20:40	110m H	M	SF
				21:00	Hammer Throw	M	Final
				21:05	400m	W	SF
				21:35	400m	M	SF
				22:05	1500m	W	Final
				22:20	100m H	M	Final

DAY 5 17 SEPTEMBER, WEDNESDAY

MORNING SESSION

NO EVENTS

EVENING SESSION

19:05	Triple Jump	M	Q A+B
19:10	Javelin Throw	M	Q A
19:30	200m	W	R1
20:10	Pole Vault	W	Final
20:15	200m	M	R1
20:45	Javelin Throw	M	Q B
20:50	Long Jump	M	Final
21:00	400m H	W	SF
21:30	400m H	M	SF
21:57	3000m SC	W	Final
22:20	1500m	M	Final

DAY 6 18 SEPTEMBER, THURSDAY

NO EVENTS

19:05	5000m	W	R1
19:15	High Jump	W	Q A+B
19:23	Javelin Throw	M	Final
19:55	800m	W	R1
20:55	Triple Jump	W	Final
21:02	200m	M	SF
21:24	200m	W	SF
21:45	800m	M	SF
22:10	400m	M	Final
22:24	400m	W	Final

MORNING SESSION

NO EVENTS

EVENING SESSION

17:33	100m H Hep	W	Heats
18:20	High Jump Hep	W	A+B
19:30	Javelin Throw	W	Q A
20:05	5000m	M	R1
20:30	Shot Put Hep	W	A+B
20:45	800m	W	SF
20:50	Triple Jump	M	Final
21:00	Javelin Throw	W	Q B
21:15	400m H	M	Final
21:27	400m H	W	Final
21:38	200m Hep	W	Heats
22:06	200m	M	Final
22:22	200m	W	Final

DAY 7 19 SEPTEMBER, FRIDAY



DAY 8 20 SEPTEMBER, SATURDAY

MORNING SESSION				EVENING SESSION			
07:30	20km Race Walk	W	Final	19:00	Javelin Throw Hep	W	A+B
09:00	Discus Throw	M	Q A	19:05	High Jump Dec	M	A+B
09:25	100m Dec	M	Heats	19:35	4 x 400m Relay	M	R1
09:50	20km Race Walk	M	Final	19:54	Shot Put	W	Final
10:00	Shot Put	W	Q A+B	20:00	4 x 400m Relay	W	R1
10:05	Long Jump Dec	M	A+B	20:25	4 x 100m Relay	M	R1
10:35	Discus Throw	M	Q B	20:45	4 x 100m Relay	W	R1
11:30	Long Jump Hep	W	A+B	21:05	Javelin Throw	W	Final
11:45	Shot Put Dec	M	A+B	21:11	800m Hep	W	Final
				21:29	5000m	W	Final
				21:55	400m Dec	M	Heats
				22:22	800m	M	Final

DAY 9 21 SEPTEMBER, SUNDAY

09:05	110m H Dec	M	Heats	17:35	Javelin Throw Dec	M	A
09:55	Discus Throw Dec	M	A	18:47	Javelin Throw Dec	M	B
11:05	Discus Throw Dec	M	B	19:30	High Jump	W	Final
11:35	Pole Vault Dec	M	A	19:35	800m	W	Final
12:20	Pole Vault Dec	M	B	19:50	5000m	M	Final
				20:00	Discus Throw	M	Final
				20:25	4 x 400m Relay	M	Final
				20:40	4 x 400m Relay	W	Final
				20:55	1500m Dec	M	Final
				21:10	4 x 100m Relay	W	Final
				21:20	4 x 100m Relay	M	Final



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Partner, Global Head of Sport

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Sally Pearson

Sally Pearson is a two-time world 100m hurdles champion who represented Australia at six editions of the World Athletics Championships.

Her first was in Paris in 2003, when Pearson formed part of Australia's 4x100m squad as a 16-year-old, and she made her individual debut in Japan, reaching the semifinals of both the

100m and the 100m hurdles in Osaka in 2007.

She went on to win her two world titles in Daegu in 2011 and in London in 2017, as well as world silver in 2013, Olympic gold in 2012 and Olympic silver in 2008. At the time, her winning performance of 12.28 in Daegu placed her fourth on the world all-time list.



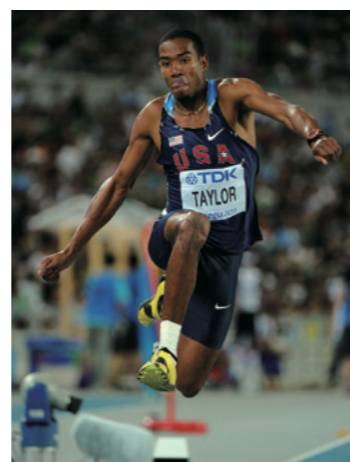
Christian Taylor

USA's Christian Taylor is the most successful athlete in the history of the men's triple jump at the World Athletics Championships.

He started his World Championships journey in style, winning gold on his debut in Daegu in 2011. After claiming the first of his

two Olympic titles in London in 2012, he regained his world title in Beijing in 2015 and repeated the feat in London in 2017 and in Doha in 2019 to become a four-time world champion. He won his second Olympic title in 2016.

The North American record of 18.21m that Taylor achieved to win his second world title in Beijing places him second on the world all-time list, just eight centimetres behind the world record Jonathan Edwards set at the World Championships in 1995.



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WCH Tokyo 25 Ambassador

To help bring the excitement of athletics and the World Athletics Championships Tokyo 25 to more people across Japan, WCH Tokyo 25 has elicited the support of six ambassadors – five athlete ambassadors and one special ambassador. Each ambassador brings their own unique voice and passion to help spread the word and connect with diverse audiences. Together, they'll play a key role in building excitement and sharing the spirit of the championships nationwide.

Special Ambassador for the Local Organising Committee of WCH Tokyo 25



Yuji Oda, Japanese actor

From 1997 to 2022, Yuji Oda served as the main World Athletics Championships anchor for Japan's broadcaster, TBS, for 13 consecutive editions. Known for his deep passion for athletics and trustworthy presence, he is widely loved by audiences across all generations.

For the World Athletics Championships Tokyo 25, Oda will serve as a Special Ambassador, using his unique voice and wealth of experience to share the appeal and significance of this year's championships.

Athlete Ambassadors for the Local Organising Committee of WCH Tokyo 25



Haruka Kitaguchi, javelin throw

Haruka Kitaguchi has become a defining figure in Japanese athletics, making history as the first Japanese woman to win a gold medal in a field event at the World Athletics Championships. Known for her explosive power, quiet determination and warm presence, she continues to push the boundaries of what's possible in the sport. As an Athlete Ambassador for the World Athletics Championships Tokyo 25, Kitaguchi brings not only her champion mindset but also a genuine passion for inspiring future generations.

Career Highlights:

World Championships Appearances: 3 (Doha 2019, Oregon 2022 – Bronze, Budapest 2023 – Gold)

Olympic Games: Tokyo 2020, Paris 2024 – Gold

Personal Best: 67.38m (javelin, September 2023 – Diamond League Brussels)



Abdul Hakim Sani Brown, sprinter

A mainstay in Japan's sprinting scene, Abdul Hakim Sani Brown has consistently represented the nation on the global stage with remarkable speed and composure. From breaking barriers as a young sprinter to becoming one of Japan's most reliable performers in the 100m and 4x100m relay, his career is marked by both talent and tenacity. As an Athlete Ambassador for the Local Organising Committee of the World Athletics Championships Tokyo 25, Sani Brown will share his international experience and love for the sport, encouraging young athletes to chase their goals at full speed.

Career Highlights:

World Championships Appearances: 5 (Beijing 2015, London 2017, Doha 2019–Bronze in 4x100m relay, Oregon 2022–7th in 100m, Budapest 2023–6th in 100m / 5th in 4x100m relay)

Olympic Games: Tokyo 2020, Paris 2024 – 5th in 4x100m relay

Personal Bests: 100m: 9.96 (Paris 2024 Olympic Games, August 2024)

200m: 20.08 (NCAA Division I Championships, USA, June 2019)



Nozomi Tanaka, middle and long-distance runner

A record-breaking force in Japanese distance running, Nozomi Tanaka continues to raise the bar with every stride. Known for her fearless racing style and sharp finishing kick, she has rewritten national records in both the 1500m and 5000m while proudly representing Japan on the world stage. As an Athlete Ambassador for the Local Organising Committee of the World Athletics Championships Tokyo 25, Tanaka brings her passion and energy to the role, helping to spotlight the rising strength of women's distance running in Japan.

Career Highlights:

World Championships Appearances: 3 (Doha 2019, Oregon 2022, Budapest 2023 – 8th in 5000m)

Olympic Games: Tokyo 2020 – 8th in 1500m, Paris 2024

Personal Bests (Japanese Records):

1500m – 3:59.19 (Tokyo 2020 Olympic Games, August 2021) National Record

5000m – 14:29.18 (Diamond League Brussels, September 2023) National Record



Asuka Terada, hurdler

Asuka Terada's journey is one of resilience, reinvention and remarkable speed. After stepping away from competition and starting a family, she made a stunning return to the track – becoming one of Japan's top hurdlers and an inspiration to athletes of all ages. Her powerful performances and positive spirit have captured the hearts of fans across the country. As an Athlete Ambassador for the Local Organising Committee of the World Athletics Championships Tokyo 25, Terada will share her unique story and help promote the excitement and possibilities of athletics.

Career Highlights:

World Championships Appearances: 3 (Berlin 2009, Doha 2019, Budapest 2023)

Olympic Games: Tokyo 2020

Personal Bests: 100m hurdles – 12.86 (KIMANI Michitaka Memorial Athletics Meet, May 2023)



Yuki Hashioka, long jumper

A consistent presence on the world stage, Yuki Hashioka has established himself as one of Japan's leading field athletes. Known for his explosive power and technical precision, he has competed in multiple global finals and continues to push the limits of Japanese long jumping. As an Athlete Ambassador for the Local Organising Committee of the World Athletics Championships Tokyo 25, Hashioka brings his international experience and calm determination to the role, helping to elevate the profile of field events and inspire the next generation of jumpers.

Career Highlights:

World Championships Appearances:

3 (Doha 2019 – 8th place, Oregon 2022, Budapest 2023)

Olympic Games: Tokyo 2020 – 6th place, Paris 2024

Personal Bests: Long jump

– 8.36m (JAAF Athletics Championships, June 2021)



Sports that move us all



Step into athletics history at the Museum of World Athletics (MOWA) in Tokyo!



A rare opportunity to experience the legacy of track and field up close is now open to the public. The Museum of World Athletics (MOWA), home to part of the world's largest collection of athletics memorabilia, has launched a special exhibition in the heart of Tokyo.

Hosted inside the Tokyo Metropolitan Government Building No.1, the exhibition is themed "From Tokyo 1991 to Tokyo 2025", offering a captivating journey through more than three decades of World Athletics Championships history.

On the 45th floor North Observation Deck, visitors can explore interactive touchscreen displays, including never-before-seen footage from Tokyo 1991 – Japan's first time hosting the championships, where world records were shattered and legends born. Also on display are historic artefacts dating back to 1924, including treasured items from athletics icons such as Jesse Owens and Fanny Blankers-Koen, each a four-time Olympic gold medallist in a single Games.



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進化する。



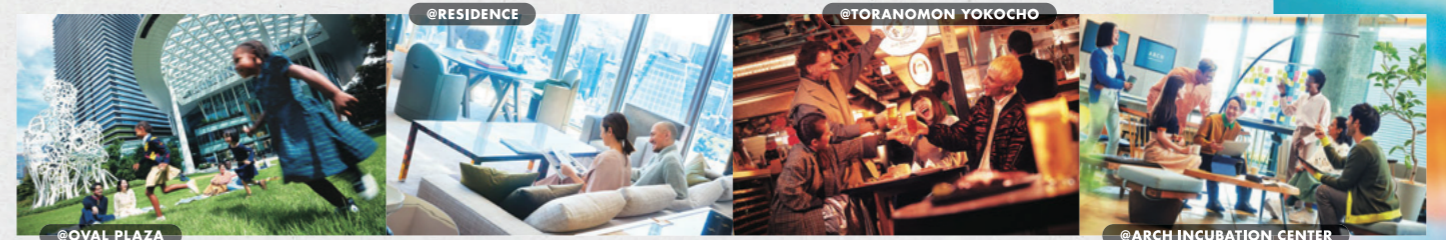
TO



TORANOMON

東京と世界をつなぐ。東京と未来をつなぐ。グローバルビジネスセンター虎ノ門ヒルズ。交通の結節点に、世界に向けた発信拠点を用意した新しいビジネス都市の提案です。さあ、つながろう。情熱やアイデアを。多様なカルチャーや最先端の技術を。ジャンルや国境なんて軽々と超えていこう。出会い、交差することで未来は生まれる。ここは、いつも新しいものを発信する街。東京と世界の新しい関係が、ここからはじまる。

HILLS.



As you take in the exhibition, step over to the observation deck's windows for stunning panoramic views of the Tokyo skyline, including a clear look at the Japan National Stadium, the centrepiece of the World Athletics Championships Tokyo 25, coming this September.

Down on the 2nd floor, the main gallery charts the evolution of the championships from 1983 to 2023, featuring more than 100 artefacts linked to athletics greats such as Carl Lewis, Usain Bolt, Valerie Adams, Allyson Felix and Jan Železný. A special section also marks the 100th anniversary of the Japan Association of Athletics Federations (JAAF), celebrating a century of Japanese contributions to the global sport.



@Getty Images for World Athletics

Exhibition dates:

Monday 7 July – Sunday 21 September 2025

(Please note that the exhibition will be closed on certain days.)

Venue:

45th Floor North Observation Deck, Tokyo Metropolitan Government Building No.1

2nd Floor North Exhibition Space, Tokyo Metropolitan Government Building No.1

For more details, please scan the following QR code.



終電は、はじまりの合図です。



つなぐ。365日



The medals of WCH Tokyo 25: celebrating dreams, connection and craftsmanship

The medals for the World Athletics Championships Tokyo 25 are more than what they appear – they are symbols of excellence, unity and ambition. Inspired by the championships' official logo, each medal features striking stripe patterns that radiate with a brilliant shine, paying tribute to the hard work of every medallist.

At the heart of the design is Tokyo's city code TYO formed from the logo's track-inspired stripes. These dynamic lines break free from the emblem's frame to wrap around the medal's edge, creating a seamless circle that represents connection between athletes, nations and the world.



For the story that awaits beyond

Despite all the efficiency that digitalization brings about,
our people are the ones at the forefront.
Facing all kinds of unforeseen circumstances,
we are driven to find the solutions that truly fit.



ちかく
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for a long time.



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This visual concept of breaking boundaries reflects the spirit of athletics itself: the pursuit of limits and the drive to go beyond. The continuous stripes elegantly reflect the hope behind the event logo-to unite Tokyo and the world through athletics.

On the reverse, the medal is polished to a mirror finish and designed to reflect the face of the medallist holding it. This personal touch reminds athletes of the dedication and effort that carried them to their medal.

The medal design process began with a key question: what kind of medal do athletes dream of receiving? To answer it, WCH Tokyo 25 conducted interviews with junior athletes and invited young representatives to participate in the Medal Design Selection Committee. Their voices helped shape the final concept from a range of designs down to just one.

Every element of the medal, from the precise curve of each stripe to the way light moves across the textured metal, was refined down to fractions of a millimetre. The result is a piece of art brought to life by Japan's renowned attention to detail and craftsmanship.

Just like the medals themselves, the medal case features the striking track stripe motif. Crafted from cedar, cypress, zelkova and cherry wood sourced from Tokyo's Tama region, the case adds a touch of elegance and authenticity. The WCH Tokyo 25 logo is branded on to the surface, and when opened, a message inside pays timeless tribute to the athlete's achievement.



Positioning Culture, Arts, and Entertainment as the 18th SDGs Goal



Enriching Lives and Society Through Culture, Arts, Entertainment & Sports

This logo was created to promote this initiative.



While the 17 SDGs do not directly address culture, arts, entertainment or sports, we at PIA believe these are essential to a truly sustainable society. As an 18th goal, we advocate for supporting diverse cultural activities that enrich lives, foster mutual understanding and build an inclusive, peaceful world. We invite your support in this important initiative.



ALSOK CO.,LTD

Official mascot of the World Athletics Championships Tokyo 25 – Riku One!

Say hello to Riku One, a cheerful Shiba Inu bursting with energy, excitement and team spirit! Inspired by one of Japan's most iconic and beloved dog breeds, Riku One was created to celebrate the joy of athletics and bring fans together from around the world.

The mascot's name, chosen by public vote in Japan, is packed with meaning. "Riku" means "athletics" in Japanese, while "One" stands for first place, one second, one step, one throw, one jump – and the unity of relay teams giving it their all: All for One. It also sounds just like "wan", the Japanese bark of a dog – making it the perfect name for our four-legged friend.

Riku One was brought to life with the help of ideas from local elementary school students. They believe in fair play, runs faster than the wind, and still have enough energy to dance! Riku One loves fresh Tokyo food – meat, fish, veggies – and likes to wind down with a relaxing soak in a local sento (public bath).

With the World Athletics Championships returning to Tokyo for the first time in 34 years, Riku One is ready to dash on to the world stage. Riku One will be racing through the Japan National Stadium this September, cheering on the athletes and helping fans feel the thrill of every jump, throw and sprint.

Get ready to meet the heart and soul of WCH Tokyo 25 – Riku One is here to make this the most unforgettable championships yet!



TM

RikuOne
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