

THE TIMETABLE OF THE 8TH ASIAN INDOOR ATHLETICS CHAMPIONSHIPS (AIAC),
TEHRAN, IRAN, 1-3 FEBRUARY 2018

WOMEN

Day 1- Thursday, 1 Feb		
Time	Event	Remarks
09:00	60m	First Round
09:30	High Jump	Final
10:00	400m	First Round
10:25	800m	Final
11:00	3000m	Final
11:15	Triple Jump	Final
11:30	60m	Final

Day 2- Friday, 2 Feb		
Time	Event	Remarks
10:00	Pole Vault	Final
10:00	400m	Final
10:10	Shot Put	Final
10:20	60m H	Final

Day 3- Saturday, 3 Feb		
Time	Event	Remarks
09:00	60m H	Pentathlon (1)
09:30	Long Jump	Final
09:45	High Jump	Pentathlon (2)
09:55	1500m	Final
11:25	4x400m Relay	Final
11:35	Shot Put	Pentathlon (3)
13:30	Long Jump	Pentathlon (4)
15:00	800m	Pentathlon (5)

MEN

Day 1- Thursday, 1 Feb		
Time	Event	Remarks
14:00	60m	Heptathlon (1)
14:45	Long Jump	Heptathlon (2)
17:00	W-High Jump	Medal Ceremony
17:10	60m	First Round
17:20	W-800m	Medal Ceremony
17:30	W-3000m	Medal Ceremony
17:40	W-Triple Jump	Medal Ceremony
17:50	W-60m	Medal Ceremony
18:00	Shot Put	Heptathlon (3)
18:00	High Jump	Final
18:30	400m	First Round
19:00	800m	First Round
19:30	3000m	Final
19:55	M-High Jump	Medal Ceremony
20:00	Long Jump	Qualification Round*
20:10	60m	Final
20:15	M-3000m	Medal Ceremony
20:20	M-60m	Medal Ceremony
20:30	High Jump	Heptathlon (4)
16:00	OPENING CEREMONY	

Day 2- Friday, 2 Feb		
Time	Event	Remarks
16:00	60m H	Heptathlon (5)
16:45	Pole Vault	Heptathlon (6)
18:00	60m H	First Round
18:10	W-60m H	Medal Ceremony
18:15	Shot Put	Final
18:20	W-Shot Put	Medal Ceremony
18:30	400m	Final
18:35	W-400m	Medal Ceremony
18:45	800m	Final
19:00	W-Pole Vault	Medal Ceremony
19:10	M-400m	Medal Ceremony
19:20	M-800m	Medal Ceremony
19:30	Pole Vault	Final
19:30	1000m	Heptathlon (7)
19:45	M-Shot Put	Medal Ceremony
19:50	M-Heptathlon	Medal Ceremony
20:00	4x400m Relay	First Round
21:00	M-Pole Vault	Medal Ceremony

Day 3- Saturday, 3 Feb		
Time	Event	Remarks
17:30	Triple Jump	Final
18:00	60m H	Final
18:15	1500m	Final
18:25	W-1500m	Medal Ceremony
18:35	M-60m H	Medal Ceremony
18:45	M-1500m	Medal Ceremony
18:55	W-Long Jump	Medal Ceremony
19:05	M-Triple Jump	Medal Ceremony
19:15	W-Pentathlon	Medal Ceremony
19:30	Long Jump	Final
19:50	W-4x400m Relay	Medal Ceremony
20:10	4x400m Relay	Final
20:35	M-4x400m Relay	Medal Ceremony
20:50	M-Long Jump	Medal Ceremony
21:00	CLOSING CEREMONY	

* Qualifying standard = 7.50m or at least the 12 best performers.