COMPETITION SCHEDULE 競技日程第2日目

19th Asian Athletics Championships 08 July 2011 (Day 2)

(Track Events)

Round 1/ 予選 Semi Final/ 準決勝 Final/ 決勝

Start Time	Event		Round
10:00	Men	110mH	Decathlon
10:20	Women	100mH	Heptathlon
10:40	Men	4 × 100mR	Round 1
11:10	Women	400mH	Round 1
11:35	Men	400mH	Round 1
17:00	Women	200m	Heptathlon
17:20	Men	1500m	Final
17:35	Women	1500m	Final
17:50	Women	100m	Final
18:05	Men	100m	Final
18:25	Men	3000mSC	Final
18:40	Women	400m	Final
18:55	Men	400m	Final
19:10	Men	1500m	Decathlon

Decathlon(M)/ 十種競技 Heptathlon(W)/ 七種競技

(Jumping Events)

Start Time	Event		Round
11:15	Women	High Jump	Heptathlon
15:00	Men	Pole Vault	Decathlon
17:30	Men	Triple Jump	Final

High Jump/ 走高跳 Pole Vault/ 棒高跳 Long Jump/ 走幅跳 Triple Jump/ 三段跳

(Throwing Events)

Start Time	Event		Round
11:00	Men	Discus Throw	Decathlon
15:00	Women	Shot Put	Heptathlon
15:30	Women	Discus Throw	Final
18:00	Men	Javelin Throw	Decathlon

Shot Put/ 砲丸投 Discus Throw/ 円盤投 Hammer Throw/ ハンマー投 Javelin Throw/ やり投

