

Asian Championships Statistics – Men's 10000m

The Gulf countries swept the medals in the last three Asian Championships. Can anybody break their dominance?

All time performance list at the Asian Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	28:23.70	Hasan Mahboob Ali	BRN	1	Guangzhou	2009
2	2	28:25.22	Nicholas Kemboi	QAT	2	Guangzhou	2009
3	3	28:28.38	Abdullah Ahmad Hassan	QAT	3	Guangzhou	2009
4	4	28:40.89	Yusei Nakao	JPN	4	Guangzhou	2009
5		28:45.64	Abdullah Ahmed Hassan		1	Manila	2003
6	5	28:53.29	Kunimitsu Ito	JPN	1	Tokyo	1981
7	6	28:59.2	Toshihiko Seko	JPN	1	Tokyo	1979
8		29:00.2	Kunimitsu Ito	JPN	2	Tokyo	1979
9	7	29:02.5	Takeshi Soh	JPN	3	Tokyo	1979
10	8	29:03.60	Essa Ismail Rasheed	QAT	1	Incheon	2005
11	9	29:04.85	Moukhled Al-Outaibi	KSA	2	Incheon	2005
12	10	29:05.93	Ali Saadoun Al-Dawoodi	QAT	3	Incheon	2005
13	11	29:06.0	Edward Vincent	IND	4	Tokyo	1979
14	12	29:07.93	Ryu Ok-Hyon	PRK	1	New Delhi	1989
15	13	29:12.0	Hari Chand	IND	1	Seoul	1975
16	14	29:13.44	Dong Guojian	CHN	5	Guangzhou	2009
17	15	29:14.01	Zhang Guowei	CHN	2	New Delhi	1989
18	16	29:14.6	Shivnath Singh	IND	2	Seoul	1975
19	17	29:18.78	Muhammad Mousa Ahmed	PAK	3	New Delhi	1989
20	18	29:24.77	Tatsuya Moriguchi	JPN	2	Tokyo	1981
21	19	29:28.73	Sunil Kumar	IND	6	Guangzhou	2009
22	20	29:30.25	Kazuyoshi Kudo	JPN	3	Tokyo	1981
23	21	29:31.6	Kenji Tajima	JPN	3	Seoul	1975

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	31.48	28:53.29	Kunimitsu Ito	JPN	Tokyo	1981
Min	0.15	30:04.87	Marly Sopyev	TKM	Djakarta	1995

Best Marks for Places in the Asian Championships

Pos	Time	Name	Nat	Venue	Year
1	28:23.70	Hasan Mahboob Ali	BRN	Guangzhou	2009
2	28:25.22	Nicholas Kemboi	QAT	Guangzhou	2009
3	28:28.38	Abdullah Ahmad Hassan	QAT	Guangzhou	2009
4	28:40.89	Yusei Nakao	JPN	Guangzhou	2009
5	29:13.44	Dong Guojian	CHN	Guangzhou	2009
6	29:28.73	Sunil Kumar	IND	Guangzhou	2009

Multiple Medalists:

Abdullah Ahmed Hassan (QAT): 2003, 2007
 Ahmed Ibrahim Warsama (QAT): 2000, 2002
 Zhang Guowei (CHN): 1983, 1985

Number of Medals by Countries:

Nation	Gold	Silver	Bronze
QAT	5	4	3
JPN	3	3	4
CHN	3	3	1
KOR	2	2	3
IND	1	3	3
BRN	1	1	1
KSA	1	1	
TKM	1		
PRK	1		
MAS		1	
IRI			1
PHI			1
PAK			1

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
QAT	2009		Nicholas Kemboi	Abdullah Ahmad Hassan
QAT	2007	Abdullah Ahmad Hassan	Ali Saadoun Al-Dawoodi	
QAT	2005	Essa Ismail Rashid		Ali Saadoun Al-Dawoodi
QAT	2002	Ahmed Ibrahim Warsama	Aman Majid Awadh	
KOR	1991	Hwang Young-Jo		Kim Jae-Ryong
JPN	1981	Kunimitsu Ito	Tatsuya Moriguchi	Kazuyoshi Kudo
JPN	1979	Toshihiko Seko	Kunimitsu Ito	Takeshi Soh
IND	1975	Hari Chand	Shivnath Singh	
JPN	1973	Ichio Sato		Katsuaki Isohara

5000m – 1000m double gold medalist

Name	Nation	5000m	10000m
Ahmed Ibrahim Warsama	QAT	1987, 2000	2000, 2002
Zhang Guowei	CHN	1983	1983, 1985
Kunimitsu Ito	JPN	1975	1981
Ichio Sato	JPN	1973	1973

Man & Woman from the same team winning the corresponding event

Nation	Men	Women	Venue	Year
CHN	Cai Shangyan	Wang Huabi	Singapore	1987

Athletes with both Asian Games and Asian Championships Gold Medal:

Name	Nat	Asian Championships	Asian Games
Hasan Mohboob Ali	BRN	2009	2006
Zhang Guowei	CHN	1983, 1985	1982
Hari Chand	IND	1975	1978

Last five Asian Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2009	Hasan Mahboob Ali	BRN	28:23.70	Nicholas Kemboi	QAT	28:25.22	Abdullah Ahmad Hassan	QAT	28:28.38

2007	Abdullah Ahmad Hassan	QAT	29:45.95	Al Saadoun Al-Dawoodi	QAT	29:58.33	Hassan Mahboob Ali	BRN	30:05.12
2005	Essa Ismail Rasheed	QAT	29:03.60	Moukhled Al-Outaibi	KSA	29:04.85	Ali S Al-Dawoodi	QAT	29:05.93
2003	Abdullah Ahmed Hassan	QAT	28:45.64	Abdulhak Zakaria	BRN	30:04.13	Eduardo Buenavista	PHI	30:06.29
2002	Ahmed Ibrahim Warsama	QAT	30:19.62	Arman Majid Awadh	QAT	30:21.05	Jagannath Lakade	IND	30:39.44

Last three Asian Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2010	Bilisuma Shume	BRN	27:32.72	Essa Rasheed	QAT	27:33.09	Hasan Mahboob	BR	27:40.07
2006	Hasan Mahboob Ali	BRN	27:58.88	Essa Ismail Rashed	QAT	27:59.15	Adam Ismail	BR	28:02.08
2002	Moukhled Al-Outaibi	KSA	28:41.89	Ahmed Ibrahim	QAT	28:43.53	Abdulhak Zakaria	BR	28:46.11

All time Asian List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	26:38.76	Abdullah Ahmad Hassan	QAT	3	Bruxelles	5 Sept 2003
2		26:59.54	Abdullah Ahmad Hassan		1	Bruxelles	3 Sept 2004

Fastest Performances on Asian Soil

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	26:57.36	Josphat Ndambiri	KEN	1	Fukuroi	3 May 2009
2		26:58.40	Josphat Ndambiri		1	Gifu	16 May 2009

Fastest Performances on Asian Soil by Asian

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	27:23.75	Abdullah Ahmad Hassan	QAT	8	Beijing	17 Aug 2008

Japanese All-Comer's List (Fastest Performances in Japan)

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1		26:57.36	Josphat Ndambiri	KEN	1	Fukuroi	3 May 2009
2		26:58.40	Josphat Ndambiri	KEN	1	Gifu	16 May 2009

Combined 2010 & 2011 Asian List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	27:32.72	Bilsuma Shume	BRN	1 st	AG – Guangzhou	26 Nov 2010
2	2	27:33.09	Essa Esmail Rashed	QAT	2 nd	AG-Guangzhou	26 Nov 2010
3	3	27:40.07	Hasan Mahboob Ali	BRN	3 rd	AG-Guangzhou	26 Nov 2010
4	4	27:41.97	Tsuyoshi Ugachi	JPN	14	Palo Alto	1 May 2011
5	5	27:47.79	Kazuya Watanabe	JPN	4	Fukagawa	25 June 2011
6	6	27:50.72	Tomoya Onishi	JPN	5r2	Niigata	24 Sept 2010
7	7	27:52.75	Masato Kihara	JPN	6r2	Niigata	24 Sept 2010

Gold Medal Contenders:

Hasan Mahboob Ali (BRN) DOB: 31 Dec 1981

Personal Best: 27:24.46 (2008); Season Best:

Championships Highlights: 3rd at 2010 Asian Games; 1st at 5000m in 2010 Asian Games

1st at 2006 Asian Games;

Average of top performances in 2009, 2010 and 2011

	Time	Race	Place	Date
1	27:40.07	Asian Games – Guanzghou	3 rd	26 Nov 2010
2	28:36.14	Aleppo	1 st	18 Sept 2010
3	28:16.01	Damascus	1 st	6 Oct 2009

4	28:23.70	Asian Champ – Guangzhou	1 st	14 Nov 2009
5	29:38.86	Belem	8 th	24 May 2009
Top 5 Average	28:31.0			

Bilisuma Shume (BRN) DOB: 19 July 1989

Personal Best: 27:32.72 (2010); Season Best:

Championships Highlights: 2010 Asian Games Champion

Average of top performances in 2009, 2010 and 2011 (only two performances during the period)

	Time	Race	Place	Date
1	27:32.72	Asian Games – Guangzhou	1 st	26 Nov 2010
2	28:45.01	Aleppo	3 rd	18 Sept 2010
3				
4				
5				
Top 5 Average				

Yuki Sato (JPN) DOB: 26 Nov 1986

Personal Best: 27:38.25 (2010); Season Best: 27:59.60

Championships Highlights: 4th at 10000m in 2005 World University Games

Average of top performances in 2009, 2010 and 2011

	Time	Race	Place	Date
1	27:38.25	Berkeley	3 rd	24 Apr 2009
2	27:59.60	Palo Alto	19r1	1 May 2011
3	28:10.87	NC – Kumagaya	1 st	10 June 2011
4	28:18.62	Niigata	14r2	24 Sept 2010
5	28:27.93	Berkeley	1 st	24 Apr 2010
Top 5 Average	28:07.1			

Tsuyoshi Ugachi (JPN) DOB: 27 Apr 1987

Personal Best & Season Best: 27:41.97

Championships Highlights:

Average of top performances in 2009, 2010 and 2011

	Time	Race	Place	Date
1	27:41.97	Palo Alto	14r1	1 May 2011
2	28:01.54	Fukagawa	3rA	17 June 2010
3	28:19.52	Niigata	15r2	24 Sept 2010
4	28:20.40	NC – Kumagaya	3 rd	10 June 2011
5	28:21.58	Kobe	6 th	25 Apr 2010
Top 5 Average	28:09.0			