

COMPETITION SCHEDULE 競技日程 第1日目

19th Asian Athletics Championships 07 July 2011 (Day 1)

[Track Events]

Round 1/ 予選 Semi Final/ 準決勝 Final/ 決勝

| Start Time | Event | | Round |
|------------|------------------|--------|------------|
| 10:00 | Men | 100m | Decathlon |
| 10:20 | Men | 100m | Round 1 |
| 11:00 | Women | 400m | Round 1 |
| 11:25 | Men | 400m | Round 1 |
| | | | |
| 17:05 | Men | 1500m | Round 1 |
| 17:30 | Women | 100m | Round 1 |
| 17:45 | Men | 100m | Semi Final |
| 18:00 | Men | 400m | Decathlon |
| 18:30 | Opening Ceremony | | |
| 19:25 | Women | 10000m | Final |
| 20:10 | Men | 10000m | Final |

Decathlon(M)/ 十種競技 Heptathlon(W)/ 七種競技

[Jumping Events]

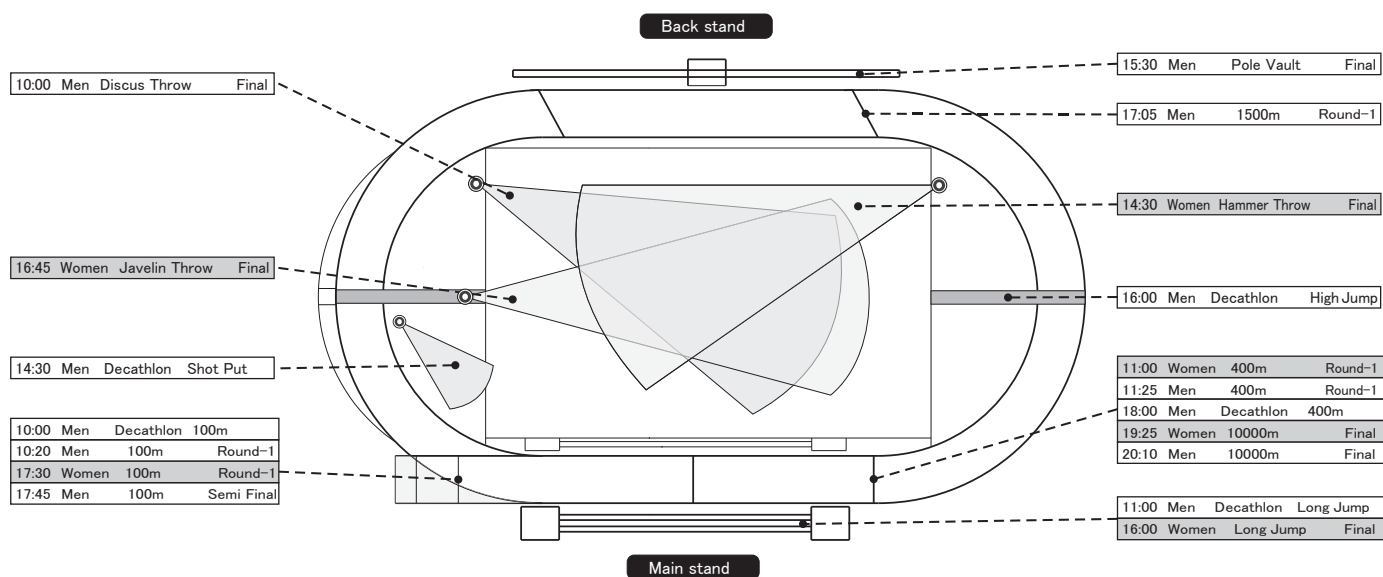
| Start Time | Event | | Round |
|------------|-------|------------|-----------|
| 11:00 | Men | Long Jump | Decathlon |
| | | | |
| 15:30 | Men | Pole Vault | Final |
| 16:00 | Men | High Jump | Decathlon |
| 16:00 | Women | Long Jump | Final |

High Jump/ 走高跳 Pole Vault/ 棒高跳 Long Jump/ 走幅跳 Triple Jump/ 三段跳

[Throwing Events]

| Start Time | Event | | Round |
|------------|-------|---------------|-----------|
| 10:00 | Men | Discus Throw | Final |
| | | | |
| 14:30 | Men | Shot Put | Decathlon |
| 14:30 | Women | Hammer Throw | Final |
| 16:45 | Women | Javelin Throw | Final |

Shot Put/ 砲丸投 Discus Throw/ 円盤投 Hammer Throw/ ハンマー投 Javelin Throw/ やり投



2011年6月27日現在 タイムテーブルは出場選手数によって変更になりますので、デイリープログラムでお確かめ下さい。
Final competition schedule is to be confirmed by technical delegates after final confirmation each day.