

COMPETITION SCHEDULE 競技日程 第1日目

19th Asian Athletics Championships 07 July 2011 (Day 1)

[Track Events]

Round 1/ 予選 Semi Final/ 準決勝 Final/ 決勝

Start Time	Event		Round
10:00	Men	100m	Decathlon
10:20	Men	100m	Round 1
11:00	Women	400m	Round 1
11:25	Men	400m	Round 1
17:05	Men	1500m	Round 1
17:30	Women	100m	Round 1
17:45	Men	100m	Semi Final
18:00	Men	400m	Decathlon
18:30	Opening Ceremony		
19:25	Women	10000m	Final
20:10	Men	10000m	Final

Decathlon(M)/ 十種競技 Heptathlon(W)/ 七種競技

[Jumping Events]

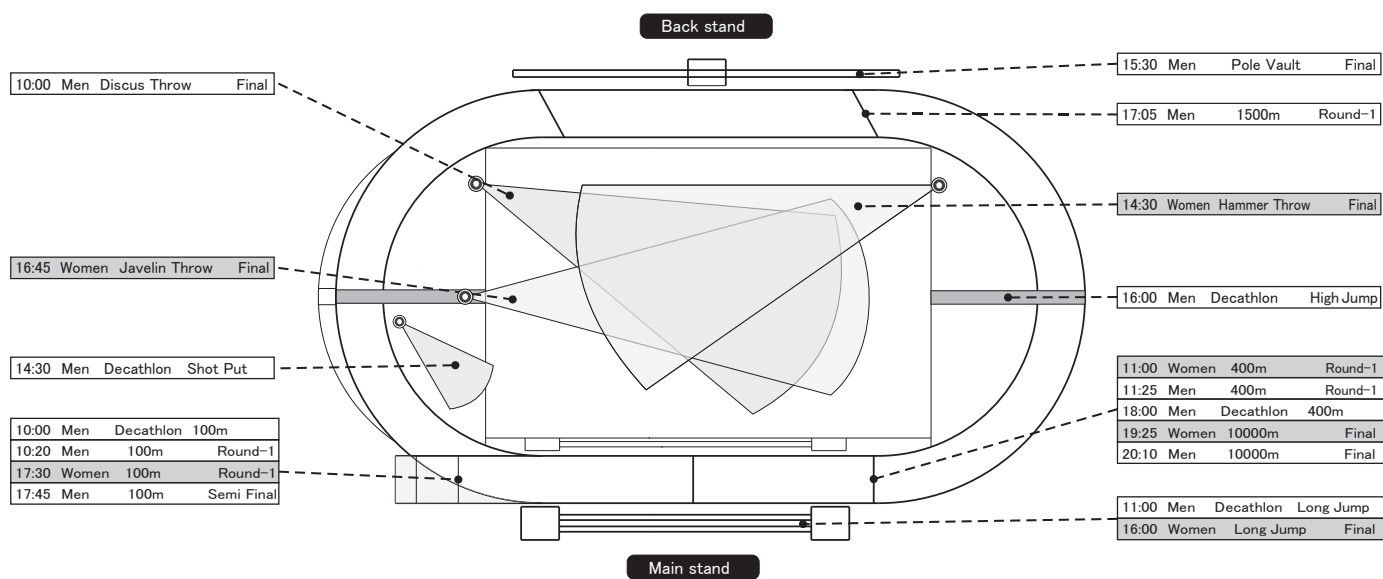
Start Time	Event		Round
11:00	Men	Long Jump	Decathlon
15:30	Men	Pole Vault	Final
16:00	Men	High Jump	Decathlon
16:00	Women	Long Jump	Final

High Jump/ 走高跳 Pole Vault/ 棒高跳 Long Jump/ 走幅跳 Triple Jump/ 三段跳

[Throwing Events]

Start Time	Event		Round
10:00	Men	Discus Throw	Final
14:30	Men	Shot Put	Decathlon
14:30	Women	Hammer Throw	Final
16:45	Women	Javelin Throw	Final

Shot Put/ 砲丸投 Discus Throw/ 円盤投 Hammer Throw/ ハンマー投 Javelin Throw/ やり投



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COMPETITION SCHEDULE 競技日程 第2日目

19th Asian Athletics Championships 08 July 2011 (Day 2)

[Track Events]

Round 1/ 予選 Semi Final/ 準決勝 Final/ 決勝

Start Time	Event	Round
10:00	Men 110mH	Decathlon
10:20	Women 100mH	Heptathlon
10:40	Men 4 × 100mR	Round 1
11:10	Women 400mH	Round 1
11:35	Men 400mH	Round 1
17:00	Women 200m	Heptathlon
17:20	Men 1500m	Final
17:35	Women 1500m	Final
17:50	Women 100m	Final
18:05	Men 100m	Final
18:25	Men 3000mSC	Final
18:40	Women 400m	Final
18:55	Men 400m	Final
19:10	Men 1500m	Decathlon

Decathlon(M)/ 十種競技 Heptathlon(W)/ 七種競技

[Jumping Events]

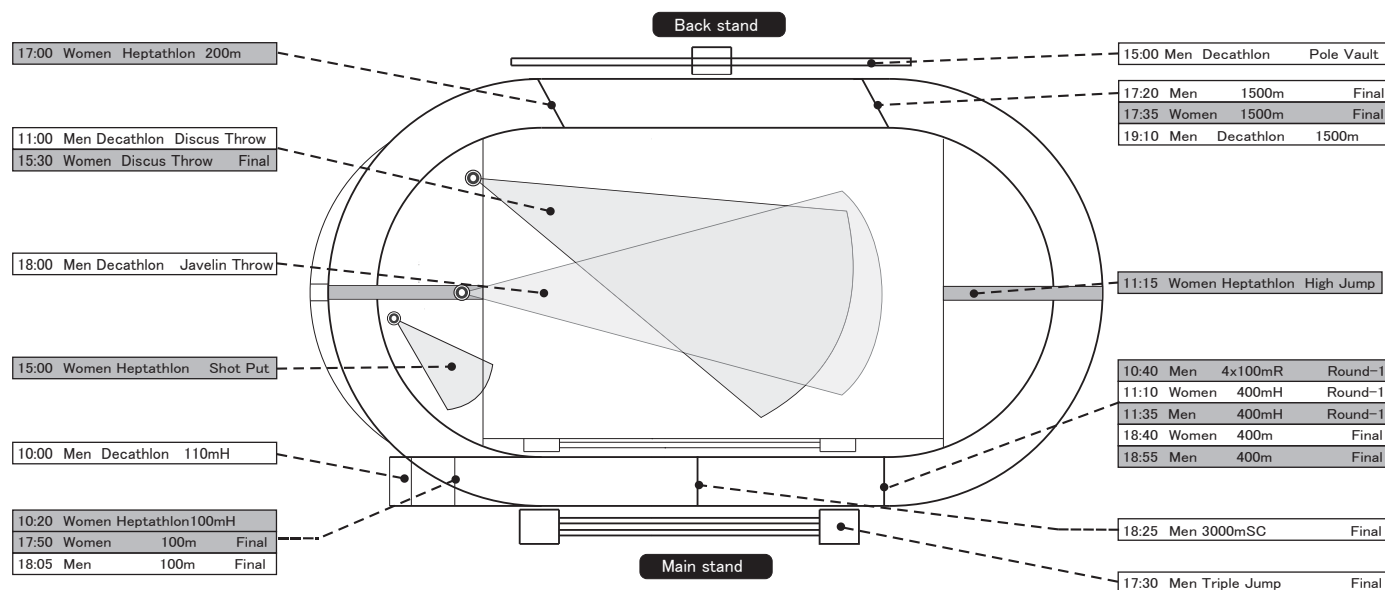
Start Time	Event	Round
11:15	Women High Jump	Heptathlon
15:00	Men Pole Vault	Decathlon
17:30	Men Triple Jump	Final

High Jump/ 走高跳 Pole Vault/ 棒高跳 Long Jump/ 走幅跳 Triple Jump/ 三段跳

[Throwing Events]

Start Time	Event	Round
11:00	Men Discus Throw	Decathlon
15:00	Women Shot Put	Heptathlon
15:30	Women Discus Throw	Final
18:00	Men Javelin Throw	Decathlon

Shot Put/ 砲丸投 Discus Throw/ 円盤投 Hammer Throw/ ハンマー投 Javelin Throw/ やり投



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COMPETITION SCHEDULE 競技日程 第3日目

19th Asian Athletics Championships 09 July 2011 (Day 3)

〔Track Events〕

Round 1/ 予選 Semi Final/ 準決勝 Final/ 決勝

Start Time	Event	Round
17:00	Women 800m	Round 1
17:25	Men 800m	Round 1
18:10	Women 800m	Heptathlon
18:35	Women 400mH	Final
18:45	Men 400mH	Final
18:55	Women 200m	Round 1
19:10	Men 200m	Round 1
19:25	Women 5000m	Final
19:50	Men 5000m	Final

Decathlon(M)/ 十種競技 Heptathlon(W)/ 七種競技

〔Jumping Events〕

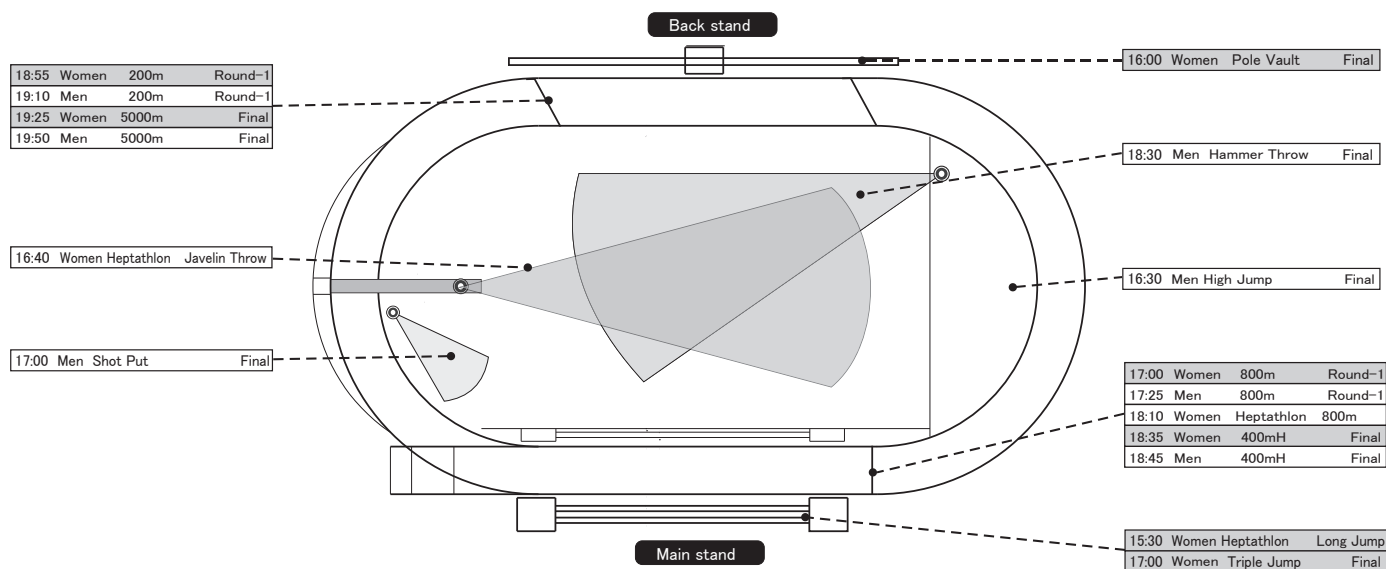
Start Time	Event	Round
15:30	Women Long Jump	Heptathlon
16:00	Women Pole Vault	Final
16:30	Men High Jump	Final
17:00	Women Triple Jump	Final

High Jump/ 走高跳 Pole Vault/ 棒高跳 Long Jump/ 走幅跳 Triple Jump/ 三段跳

〔Throwing Events〕

Start Time	Event	Round
16:40	Women Javelin Throw	Heptathlon
17:00	Men Shot Put	Final
18:30	Men Hammer Throw	Final

Shot Put/ 砲丸投 Discus Throw/ 円盤投 Hammer Throw/ ハンマー投 Javelin Throw/ やり投



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COMPETITION SCHEDULE 競技日程 第4日目

19th Asian Athletics Championships 10 July 2011 (Day 4)

[Track Events]

Round 1/ 予選 Semi Final/ 準決勝 Final/ 決勝

Start Time	Event	Round
14:05	Women 1 0 0 m H	Round 1
14:20	Men 1 1 0 m H	Round 1
14:35	Women 2 0 0 m	Final
14:50	Men 2 0 0 m	Final
15:05	Women 8 0 0 m	Final
15:20	Men 8 0 0 m	Final
15:45	Women 3 0 0 0 m SC	Final
16:15	Women 1 0 0 m H	Final
16:30	Men 1 1 0 m H	Final
16:50	Women 4 × 1 0 0 m R	Final
17:05	Men 4 × 1 0 0 m R	Final
17:20	Women 4 × 4 0 0 m R	Final
17:35	Men 4 × 4 0 0 m R	Final
18:00	Closing Ceremony	

Decathlon(M)/ 十種競技 Heptathlon(W)/ 七種競技

[Jumping Events]

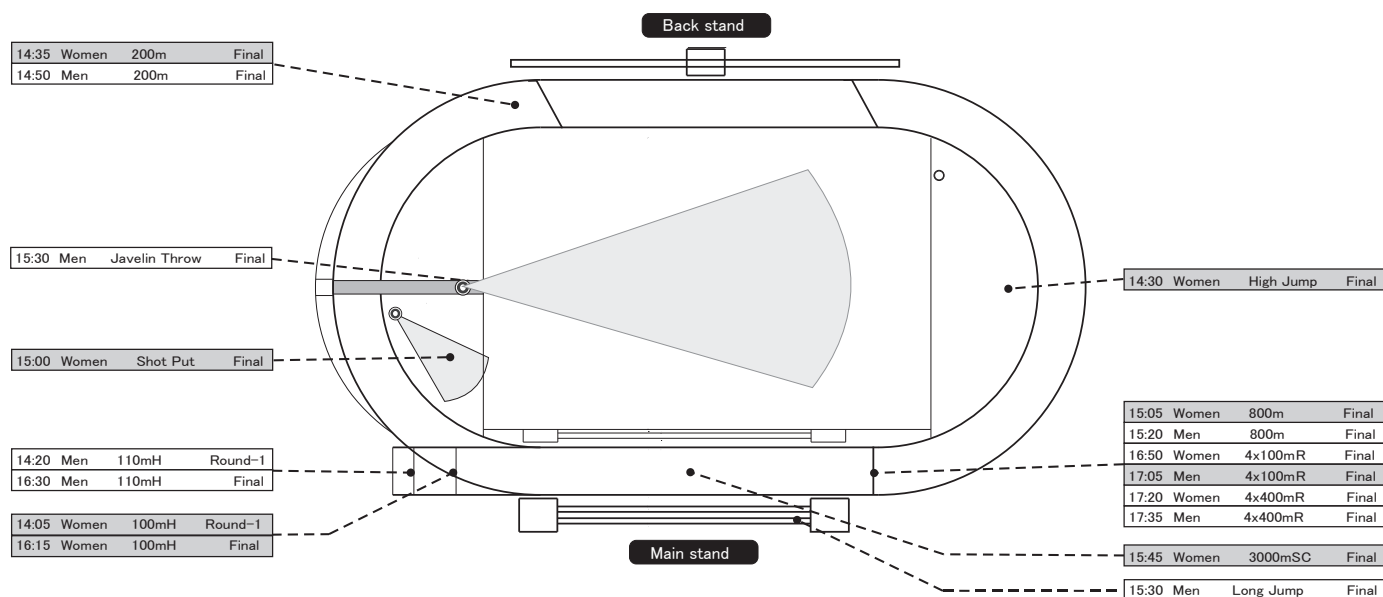
Start Time	Event	Round
14:30	Women High Jump	Final
15:30	Men Long Jump	Final

High Jump/ 走高跳 Pole Vault/ 棒高跳 Long Jump/ 走幅跳 Triple Jump/ 三段跳

[Throwing Events]

Start Time	Event	Round
15:00	Women Shot Put	Final
15:30	Men Javelin Throw	Final

Shot Put/ 砲丸投 Discus Throw/ 円盤投 Hammer Throw/ ハンマー投 Javelin Throw/ やり投



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