

2011 Asian Championships Statistics – Women's 10000m

IND has four silver medals but never won a gold medal. Can Kavita Raut or Preeja Sreedharan change all that?

All time performance list at the Asian Championships

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	32:25.57	Zhong Huandi	CHN	1	New Delhi	1989
2	2	32:28.49	Liu Shixiang	CHN	1	Fukuoka	1998
3	3	32:32.99	Chiemi Takahashi	JPN	2	Fukuoka	1998
4	4	32:37.04	Sun Yingjie	CHN	1	Manila	2003
5	5	32:48.05	Aki Fujikawa	JPN	3	Fukuoka	1998
6	6	33:23.91	Mun Gyong-Ae	PPK	2	New Delhi	1989
7	7	33:30.92	Zheng Guixia	CHN	4	Fukuoka	1998
8	8	33:34.74	Bai Xue	CHN	1	Incheon	2005
9	9	33:42.11	Yumi Sato	JPN	2	Incheon	2005
10	10	33:42.77	Zhong Huandi	CHN	1	Kuala Lumpur	1991
11	11	33:43.41	Supriyati Sutono	INA	5	Fukuoka	1998
12		33:47.24	Supriyati Sutono		1	Djakarta	2000
13	12	33:58.49	Wang Junxia	CHN	1	Djakarta	1995
14	13	34:00.38	Paek Do-Jong	PRK	3	New Delhi	1989
15	14	34:06.82	Takami Ominami	JPN	6	Fukuoka	1998
16		34:11.14	Bai Xue		1	Guangzhou	2009
17	15	34:17.21	Kavita Raut	IND	2	Guangzhou	2009
18		34:19.32	Wang Junxia		1	Manila	1993
19	16	34:22.64	Wang Jiali	CHN	3	Guangzhou	2009
20	17	34:26.07	Tejitu Daba Chalchissa	BRN	4	Guangzhou	2009
21	18	34:26.39	Karima Salh Jassem	BRN	1	Amman	2007
22	19	34:29.89	Mari Ozaki	JPN	5	Guangzhou	2009
23	20	34:31.15	Lashram Aruna Devi	IND	2	Djakarta	2000
24	21	34:33.86	Viktoriya Polyudina	KGZ	6	Guangzhou	2009
25	22	34:35.30	Ham Bong Sil	PRK	3	Incheon	2005
26		34:44.92	Ham Bong-Sil		1	Colombo	2002
27	23	34:46.99	Sujeewa Nilmini Jayasena	SRI	2	Manila	2003
28	24	34:56.34	Wang Huabi	CHN	1	Singapore	1987

Margin of Victory

	Difference	Winning time	Name	Nat	Venue	Year
Max	2:09.95	32:37.04	Sun Yingjie	CHN	Manila	2003
Min	4.50	32:28.49	Liu Shixiang	CHN	Fukuoka	1998

Best Marks for Places in the Asian Championships

Pos	Time	Name	Nat	Venue	Year
1	32:25.57	Zhong Huandi	CHN	New Delhi	1989
2	32:32.99	Chiemi Takahashi	JPN	Fukuoka	1998
3	32:48.05	Aki Fujikawa	JPN	Fukuoka	1998
4	33:30.92	Zheng Guixia	CHN	Fukuoka	1998
5	33:43.41	Supriyati Sutono	INA	Fukuoka	1998
6	34:06.82	Takami Ominami	JPN	Fukuoka	1998

Multiple Medalists:

Bai Xue (CHN): 2005, 2009

Wang Junxia (CHN): 1993, 1995

Zhong Huandi (CHN): 1989, 1991

Number of Medals by Countries:

Nation	Gold	Silver	Bronze
CHN	9	2	1
PRK	2	2	6
INA	1	1	1
BRN	1		
IND		4	2
JPN		3	1
SRI		1	
MAS			1
IRQ			1

Multiple Medals by athletes from a single nation

Nation	Year	Gold	Silver	Bronze
CHN	2009	Bai Xue		Wang Jiali
PRK	2002	Ham Bong-Sil	Jo Bun-Hui	
JPN	1998		Chiemi Takahashi	Aki Fujikawa
CHN	1993	Wang Junxia	Zhang Lirong	
PRK	1989		Mun Gyong-Ae	Paek Do-Jong
PRK	1985	Paek Do-Jong		Kim Myong-Hui

5000m – 10000m double gold medalist

Name	Nation	5000m	10000m
Karima Saleh Jessem	BRN	2007	2007
Bai Xue	CHN	2005,	2005, 2009
Sun Yingjie	CHN	2003	2003
Ham Bong-Sil	PRK	2002	2002
Wang Junxia	CHN	1995	1993, 1995

Man & Woman from the same team winning the corresponding event

Nation	Men	Women	Venue	Year
CHN	Cai Shangyan	Wang Huabi	Singapore	1987

Athletes with both Asian Games and Asian Championships Gold Medal:

Name	Nat	Asian Championships	Asian Games
Sun Yingjie	CHN	2003	2002
Wang Junxia	CHN	1993, 1995	1994
Zhong Huandi	CHN	1989, 1991	1990

Last five Asian Championships:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2009	Bai Xue	CHN	34:11.14	Kavita Raut	IND	34:17.21	Wang Jiali	CHN	34:22.64
2007	Karima Saleh	BRN	34:26.39	Preeja Sreedharan	IND	36:04.54	Kim Mi Gyong	PRK	38:29.90
2005	Bai Xue	CHN	33:34.74	Yumi Sato	JPN	33:42.11	Ham Bong-Sil	PRK	34:35.30

2003	Sun Yingjie	CHN	32:37.04	Sujeewa N Jayasena	SRI	34:46.99	Lashram Aruna Devi	IND	37:23.28
2002	Ham Bong-Sil	PRK	34:44.92	Jo Bun-Hui	PRK	35:00.63	Lashram Aruna Devi	IND	35:38.70

Last three Asian Games:

Year	Gold	Nat	Time	Silver	Nat	Time	Bronze	Nat	Time
2010	Preeja	IND	31:50.47	Kavita Raut	IND	31:51.44	Shitaye Eshete	BRN	31:53.27
2006	Kayoko Fukushi	JPN	31:29.38	Karima Saleh Jassem	BRN	32:17.14	Hiromi Ominami	JPN	32:18.02
2002	Sun Yingjie	CHN	30:28.26	Kayoko Fukushi	JPN	30:51.81	Xing Huina	CHN	31:42.58

All time Asian List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	29:31.78	Wang Junxia	CHN	1	Beijing	8 Sept 1993
2	2	30:07.20	Sun Yingjie	CHN	3	Saint Denis	23 Aug 2003

Fastest Performances on Asian Soil

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	29:31.78	Wang Junxia	CHN	1	Beijing	8 Sept 1993
2	2	29:54.66	Tirunesh Dibaba	ETH	1	Beijing	15 Aug 2008

Fastest Performances on Asian Soil by Asian

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	29:31.78	Wang Junxia	CHN	1	Beijing	8 Sept 1993
2	2	30:13.37	Zhong Huandi	CHN	2	Beijing	8 Sept 1993

Japanese All-Comer's List (Fastest Performances in Japan)

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	30:50.34	Wang Junxia	CHN	1	Hiroshima	15 Oct 1994
2	2	30:57.90	Kayoko Fukushi	JPN	1	Oita	30 Sept 2006

Combined 2010 & 2011 Asian List

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	30:54.29	Kayoko Fukushi	JPN	3 rd	Palo Alto	1 May 2011
2	2	31:10.02	Megumi Kinukawa	JPN	1 st	Abashiri	22 June 2011
3		31:29.03	Kayoko Fukushi		1 st	Kobe	25 Apr 2010
4	3	31:30.92	Hikari Yoshimoto	JPN	2	Kobe	25 Apr 2010
5	4	31:34.35	Kayo Sugihara	JPN	6	Palo Alto	1 May 2011
6	5	31:38.71	Ryoko Kizaki	JPN	1	Abashiri	17 July 2010
7		31:44.93	Kayo Sugihara		1	Niigata	11 Oct 2010
8		31:45.82	Hikari Yoshimoto		2	Kobe	24 Apr 2011
9		31:47.56	Kayoko Fukushi		1	Marugame	4 June 2010
10	6	31:50.47	Preeja Sreedharan	IND	1	AG – Guangzhou	21 Nov 2010
11	7	31:51.14	Kavita Raut	IND	2	AG – Guangzhou	21 Nov 2010

Gold Medal Contenders:

Kavita Raut (IND) DOB: 5 May 1985

Personal Best: 31:51.44 (2010); Season Best: 34:33.64

Championships Highlights: 3rd in 2010 Commonwealth Games; 2nd in 2010 Asian Games

Average of top performances in 2010 and 2011

	Time	Race	Place	Date
1	31:51.44	Asian Games – Guangzhou	2 nd	21 Nov 2010

2	32:41.31	Kochi	1 st	18 May 2010
3	33:05.28	CWG – Delhi	3 rd	8 Oct 2010
4	33:18.48	Patiala	2 nd	7 Aug 2010
5	33:44.34	Ranchi	2 nd	4 May 2010
Top 5 Average	32:56.2			

Preeja Sreedharan (IND) DOB: 13 Mar 1982

Personal Best: 31:50.47 (2010); Season Best: 34:00.28

Championships Highlights: 3rd in 2010 Commonwealth Games; 2nd at 10000m in 2010 Asian Games

Average of top performances in 2010 and 2011

	Time	Race	Place	Date
1	31:50.47	Asian Games – Guangzhou	1 st	21 Nov 2010
2	32:36.53	Patiala	1 st	7 Aug 2010
3	32:41.72	Kochi	2 nd	18 May 2010
4	32:56.58	Ranchi	1 st	4 May 2010
5	33:43.91	CWG - Delhi	7 th	8 Oct 2010
Top 5 Average	32:45.8			